

ECIAAA PUBLIC HEARINGS

Summary of the Proposed Area Plan for FY 2025



OLDER AMERICANS MONTH



POWERED BY CONNECTION: MAY 2024

ECIAAA MISSION STATEMENT

Our mission is to lead and advocate for inclusive resources and services that empower the optimal aging of East Central Illinois' diverse older adults, individuals with disabilities, and their care partners.



ECIAAA VISION STATEMENT

**To optimize aging through innovative
person-centered services in East Central Illinois.**



ECIAAA CORE PRINCIPLES

Lead

We are committed to leading through collaborative planning, effective communication and oversight, advocacy, and innovative service development to meet the diverse needs of those we serve.

Advocate

We are committed to optimal aging through advocacy that is person-centered, supported by public policy, and provided by adequately funded services

Innovate

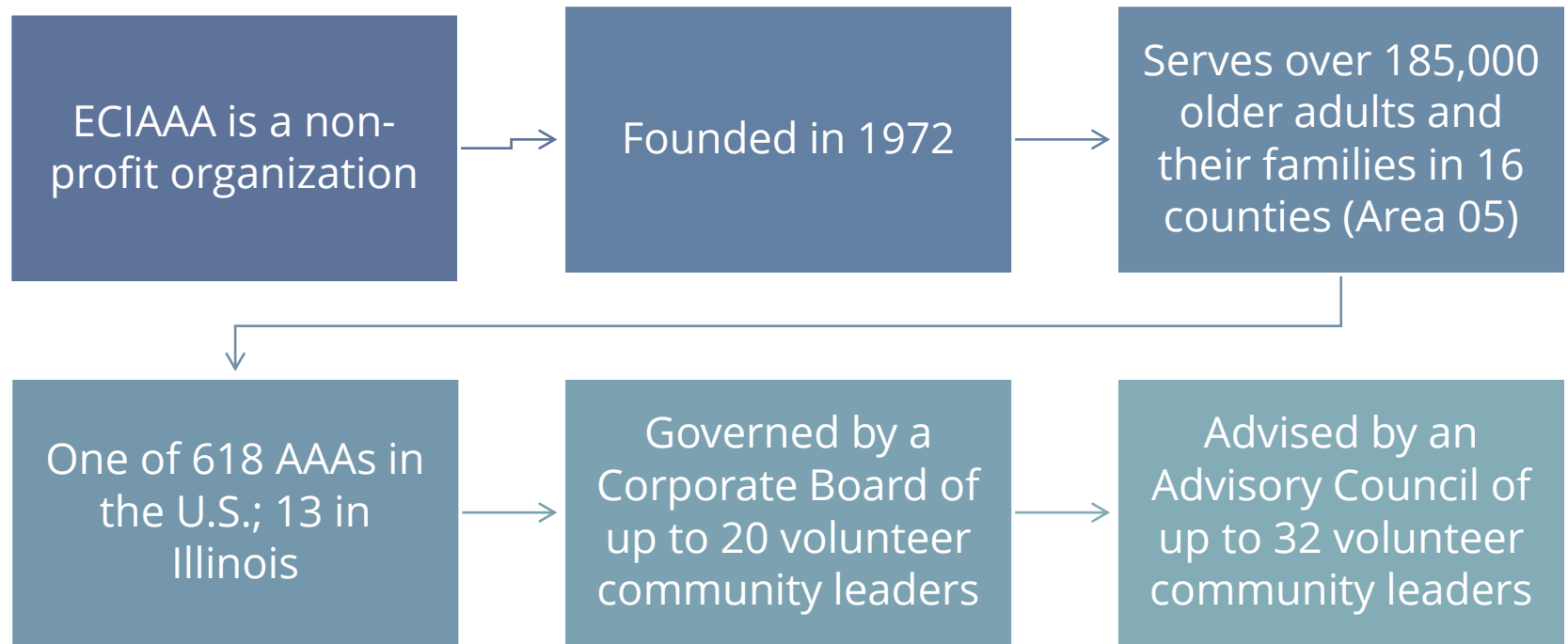
We are committed to encouraging, valuing, and supporting new and creative service ideas that meet the needs of those we serve.

Collaborate

We are committed to strengthening programs and services through inclusive and diverse community partnerships.



Who We Are:



ECIAAA STAFF

Susan C. Real, Chief
Operating Officer

Amanda Hyde,
Director of
Operations

Kelly Elsey-Coffey,
Controller

Kathryn Johnson,
Community Liaison

John Thornburg,
Grants Management
Analyst

Laton Schnetzler,
Accountant

Jennifer Roberts,
Service Compliance
Coordinator

Jennifer Hooker,
Service Compliance
Coordinator

Wendy Lisanby,
Service Compliance
Coordinator

Kimra Shafer,
Service Compliance
Coordinator

Angie Baker,
Regional
Ombudsman

Ryan Gannaway,
Long Term Care
Ombudsman

Jenelle Bruckner,
Long Term Care
Ombudsman

Christian Weber,
Long Term Care
Ombudsman

Courtney Bun, Long
Term Care
Ombudsman

Nyah Creer,
Executive Services



What We Do

Access Services – Senior Information
Services/Coordinated Points of Entry

Nutrition Services – Congregate & Home
Delivered Meals

Caregiver Advisory Services

Legal Services



What We Do

Regional Long Term Care Ombudsman Program

Healthy Aging/Evidenced-Based Programs

Reducing Social Isolation Programming

Dementia Friendly America Training



What We Do

Adult Protective Services – (Federal Elder Rights)

Senior Health Assistance Programs

Senior Health Insurance Programs

Medicare Improvement for Patients & Providers

Senior Medicare Patrol



What We Do

Long Term Care Systems Development

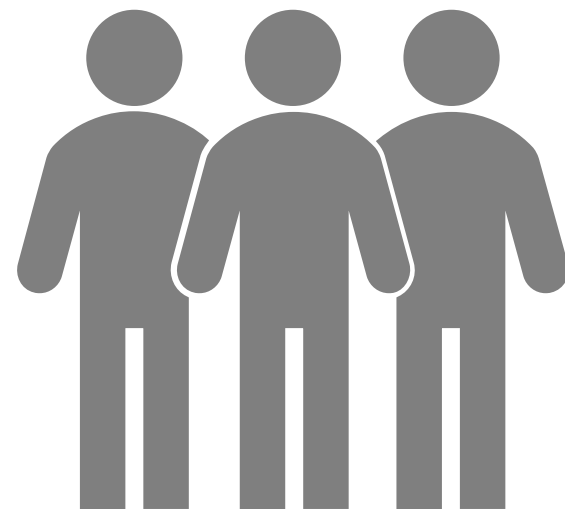
Senior Farmer Market Nutrition Program

Veterans Independence Program



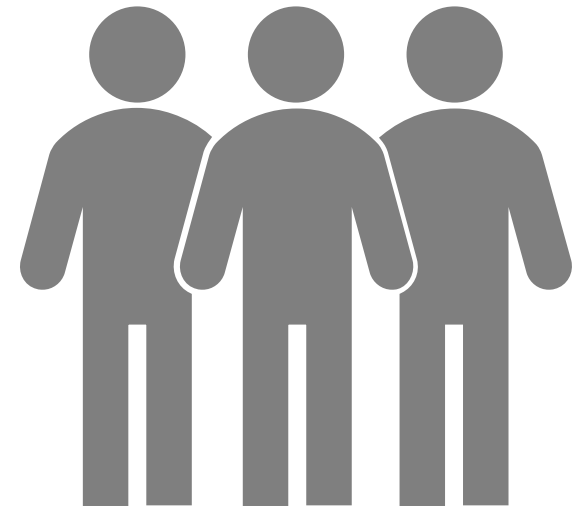
ECIAAA serves Older Americans, family caregivers and grandparents raising grandchildren through...

- ❖ Advocacy in Action
- ❖ Planning, Program Development and Coordination
- ❖ Supporting Community Programs on Aging
- ❖ Providing easy access to information, assistance, services and supports



ECIAAA serves Older Americans, family caregivers and grandparents raising grandchildren through...

- ❖ Developing community-based long-term services and supports
- ❖ Advocating for residents in long-term care facilities
- ❖ Responding to abuse, neglect and exploitation



Advocacy in Action!



Planning | Developing | Coordinating | Advocating

Legislative Update
2023 Accomplishments & 2024 Priorities
February 2, 2024 – 10:00 am -11:15 am



Illinois Association of Area Agencies on Aging | 1910 S. Highland Ave Lombard, IL 60148 | 630.293.5990

Advocacy in Action!



Illinois Association of Area Agencies on Aging
2023 I4A Factsheet

Source: Illinois Department on Aging 2023 Title II and VI State Program Report
 The Illinois 13 Area Agencies on Aging served 503,766 adults age 60 and over during FY 2023 or 17.5% of the senior population. Since the 1970s, each Area Agency on Aging has helped to build a network of aging services at the local level, incorporating the preferences of local participants.

Aging services assist older adults, their caregivers, grandparents raising grandchildren, people with disabilities, and veterans. The Area Agencies continued the initiative to reduce social isolation among older adults and their caregivers during 2023.



303 Provider Agencies
 Area Agencies on Aging collaborate with community providers to ensure older adults and their caregivers have access to home and community-based services.

12,188 Older Adults Received Options Counseling
 Options Counseling advises older adults about cost-effective options for community-based, long-term services and supports.

9,710 Older Adults Received In-Home Services
 In-Home services include housekeeping, respite care, telephone reassurance, and minor home repairs.


37,798 Consultations provided by the Ombudsman Program
 The Illinois Long-Term Care Ombudsman Program (LTCOP) is a resident-directed advocacy program which protects and improves the quality of life for residents in a variety of long-term care settings.

809,992 Service Units Provided for Information, Assistance, & Outreach
 Information, assistance, and outreach helps older adults make informed decisions about program, benefits, and services to help them live independently at home for as long as possible.

348,812 Rides Provided to Older Adults
 Transportation programs provide older adults access to medical appointments, shopping, congregate dining locations, and senior centers.

14,934 Adult Protective Services Reports
 The Illinois Department on Aging awards grants to Area Agencies on Aging to serve as Regional Administering Agencies for the statewide Adult Protective Services Program.

1910 S. Highland Avenue Lombard, IL 60148 (630) 293-5990



The Illinois Family Caregiver Act
 An Opportunity to Support Caregivers
 Support HB 5358, SB 3919

Support

Fund the Illinois Family Caregiver Act

The law, PA 93-0864 passed in 2004, established a caregiver support program to assist unpaid caregivers including grandparents raising grandkids (kinship care) through training and education to develop essential caregiving skills and other interventions to provide relief and reduce stress. In 2023, the Illinois General Assembly passed \$5 million in funding to support the Illinois Family Caregiver Act for FY24. This was the second time the act has been funded at the state level. We greatly appreciate the \$5 million appropriation however more funding is needed to adequately support Illinois Family Caregivers.

Our Ask


Increase from \$5 to \$6 million to fund the Illinois Family Caregiver Act, an investment in our family caregivers.

100% of funds will go towards expanding existing services to support:

- Evidence-based assessments that tailor interventions to caregivers' unique needs
- Support services and respite care that provide temporary relief to caregivers
- Hands-on caregiver training, education and stress relief programs
- A wide range of other support for Grandparents & others raising children
- Saves Medicaid dollars by delaying costly nursing home placement

Reach Out

Questions or comments, please contact:
 Diane Slezak – Diane.Slezak@AgeOptions.org, Susan Real – SReal@eciaaa.org



I4A issued 2/21/24



Advocacy in Action!



Illinois Association of Area Agencies on Aging 2024 State Legislative Priorities

SUPPORT UNPAID FAMILY CAREGIVERS

Increase Illinois Family Caregiver Act¹ funding from \$5m to \$6m to support unpaid family caregivers through the Area Agency on Aging Caregiver Resource Centers. An AARP study found there are over 1.5 m caregivers in Illinois providing 1.24 billion hours of unpaid work annually with an estimated value of \$17 billion. Support for unpaid caregivers is proven to delay nursing home placement and save Medicaid dollars.

A 75-year-old male caregiver to his sister states the T-Care assessment was "to see if you are under stress and help you find resources . . . without that, I was just floating on my own"; I want policy makers to know that caregivers need "reliable expert assistance that they can trust and depend on." I want society "to realize that when trying to help someone with dementia, you don't have any sense of how to go about it . . . without help, you are just struggling in the dark."

INCREASE STATE FUNDING TO COMBAT SOCIAL ISOLATION ...

From \$1m to \$2m to support programs to alleviate isolation among older people. Lack of Social Connection increases the risk of premature death as if smoking 15 cigarettes a day. The US Surgeon General – Vivek H. Murthy, MD, cites in his 2023 Report: "Loneliness can have profound effects on mental Health, heart disease, stroke and dementia, resulting in billions of dollars spent in health care costs."

INCREASE STATE FUNDING FOR ALZHEIMER'S DISEASE AND RELATED DISORDERS....

From \$1m to \$2m to "fill the gaps" in services and fund evidence-based training for caregivers. Without this support, caregivers may face placing their loved ones into long-term care settings prematurely. Alzheimer's is the 6th leading cause of death and most expensive disease in America.

SUSTAIN STATE FUNDING FOR HOME DELIVERED MEALS

This funding meets increased demands for meals, supports the skyrocketing costs for food, gas, and labor.

REDUCE ELDER FINANCIAL EXPLOITATION

Reported scams impacting those aged 60+ ballooned from \$931 million in 2021 to \$1.54 billion in 2022, an **increase of 66%**. Unreported incidents would push these numbers much higher. Resources are needed for Area Agencies on Aging to educate and increase awareness of scams and reduce financial exploitation.








For more information, please contact IAA Legislative Committee Co-Chairs:
Susan Aral, CEO East Central Illinois Area Agency on Aging at (309) 829-3065, Sarah@eciaa.org OR
Diane Szostak, CEO AgeOptions at (708) 383-0258, Diane.Szostak@ageoptions.org

¹ PA 93-0864 was passed in 2004 but went unfunded until 2022.

² Protecting Older Consumers: A Report of the Federal Trade Commission, 2021-2022 and 2022-2023



Advocacy in Action!



ECIAAA

*Blue Skies
Age Street*

American Rescue Plan Act Factsheet

During FY 2022 through FY 2024, ARPA funding will make an enormous difference our ability to serve older adults, people with disabilities and their care partners in East Central Illinois. East Central Illinois Area Agency on Aging will use the funding for the following services:

Older Americans Act Title III-B: Access Services \$1,076,039	Reducing Social Isolation: Expand Reducing Social Isolation Pilot Projects to Coles, Clark, and Cumberland Counties. Conduct Reducing Social Isolation provider calls semi-annually. Increased emphasis on cross-referrals. Support 8 current Reducing Social Isolation Pilot Projects.
Coordinated Points of Entry/ Senior Information Services: COVID-19 Vaccine Assistance Expand Options Counseling intake data collection Develop a method to track info. & Assistance referrals One-Time Staff Retention Awards Sage Training and Certification Mental Health First Aid Training and Certification Legal Assistance Expansion	Older Americans Act Title III-D: Evidence-Based Services \$101,221 Expand Chronic Disease Self-Management Program, Matter of Balance, Singosia, and Aging Mastery. Conduct training to offer programs virtually.
Older Americans Act Title III-C: Nutrition Services \$1,465,207 Congregate Meals \$617,232 Home Delivered Meals \$847,975 Expand Home Delivered Meal Routes. Implement Innovative Program Design to enhance dining experiences. Offer 2 dist. options for congregate and Home Delivered Meal Participants. Offer a 2 nd Meal to clients with high nutritional risk. One-Time Staff Retention Awards.	Older Americans Act Title III-E: Caregiver Advisory Services: \$302,888 Expand Respite Funding. Conduct Powerful Tools Training for Caregiver Advisory Programs. Support cost of TCMARE for all Caregiver Advisory Program.
Older Americans Act Title III-F: Ombudsman Services \$27,715 Additional Training for Ombudsmen. NORC/ Consumer Voice. Pioneer Network. SAGE.	

Thank you so much for passing this vital funding!

1003 Maple Hill Rd. Bloomington, IL 61705 (309) 529-2065



Advocacy in Action!



ECIAAA FY2023 Factsheet

ECIAAA plans, coordinates, and advocates for the development of a comprehensive service delivery system for an estimated 190,000 persons 60 years of age and older, persons with disabilities, caregivers, grandparents, and other relatives raising children in communities throughout the 16 counties of East Central Illinois.

23,237 people served through OAA Title III Supported Services

**73,445 Information and Assistance Service Units**

**Health Promotion provided to 341 Older Adults**

**Reducing Social Isolation Pilot Projects**
4,851 Service Units provided to 710 Older Adults

Nutrition

**40,388 Congregate Meals served to 847 Older Adults**

**175,045 Home Delivered Meals served to 1,105 Older Adult**



Family Caregiver Services

Grandparents and Other Elderly Caregivers Serving Children
Counseling and Training: 307 Caregivers Served
Supplemental Services:

**Caregiver Serving Elderly Individuals**
Counseling and Training: 729 Caregivers Served
Supplemental Services: 53 Caregivers Served
Respite: 22 Caregivers Served



OAA Title VII Elder Justice

**1,680 Adult Protective Services Intakes**

**3,327 Long Term Care Ombudsman Consultations**

**1334.2 units of Legal Assistance Provided**

1003 Maple Hill Rd. Bloomington, IL 61705 (309) 829-2065



Advocacy in Action!

The Caregiver Advisor connected Suzanne to a support group that provides her with the opportunity to "know and talk to other people in my situation. Caregivers need support."

Suzanne

A family caregiver served by an ECIAAA funded provider.

**Caring for her 78-year-old husband with Alzheimer's disease.*



Jane explained that after getting respite, "I don't feel so stressed... like having to do everything. I feel like he is in safe hands when I leave... It just kind of took a load off me and money-wise too."

Jane

A family caregiver served by an ECIAAA funded provider.

**Caring for her 85-year-old husband who had a stroke.*



Advocacy in Action!



HB 3193 & SB 1966

APPROVED!



Advocacy in Action!



Illinois Family
Caregiver Coalition

Scan the QR Code
with Your Camera to
Access the Illinois
Family Caregiver
Stories



illinoisfamilycaregiver.org



Advocacy in Action!



COUNTY SNAPSHOT COLES



General

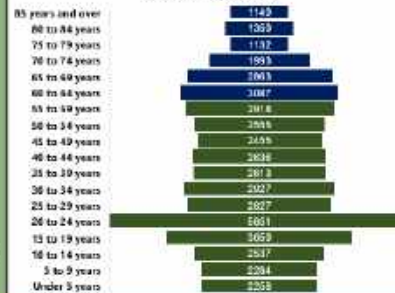
Total Population: 2024 Estimate: 47,076
60+ Population: 11,585
24.20% of Total Pop

Economic and Social Need Factors: (Out of 60+ Pop)

75+ Population: 31.32%
65+ Population: 11.67%
60+ Minority: 4.12%
60+ in Poverty: 9.49%
60+ Living Alone: 27.76%

*Source: Illinois Department on Aging Population Estimates for Fiscal Year 2024

Coles County Population Pyramid (2022 ACS Estimate)



Reducing Social Isolation

(Improving Social Connectedness/Engagement)

FY 2023 UCLA Scale Scores for RSI Pilot Projects in
Coles County



Estimated # of Persons
65+ Experiencing Social
Isolation and/or
Loneliness

537 (6.2%)

Percentage of Adults
Aged 65+ Who Do Not
Have Broadband
Connection

33.40%

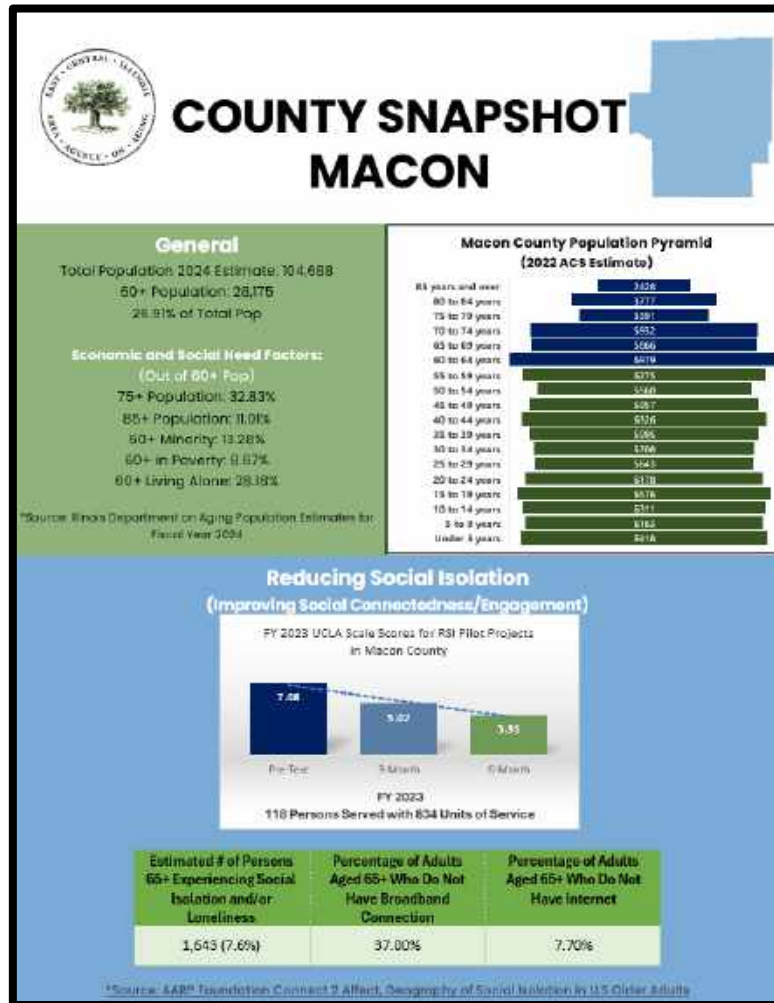
Percentage of Adults
Aged 65+ Who Do Not
Have Internet

6.20%

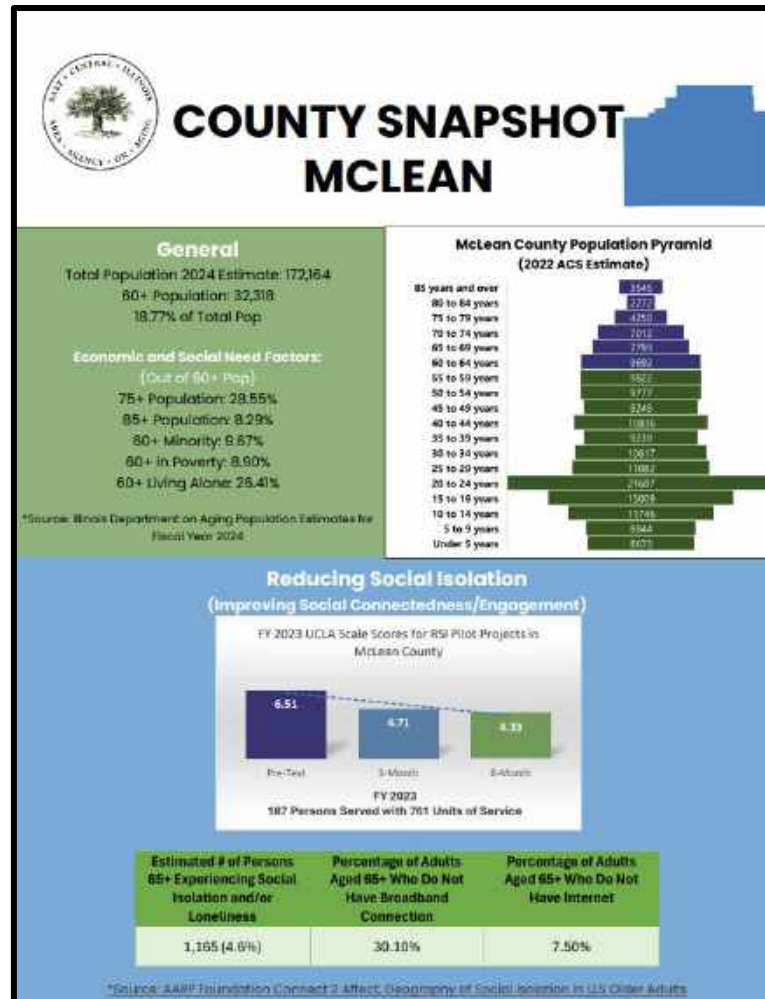
*Source: AARP Foundation Connect 2 Affect, Geography of Social Isolation in U.S. Older Adults



Advocacy in Action!

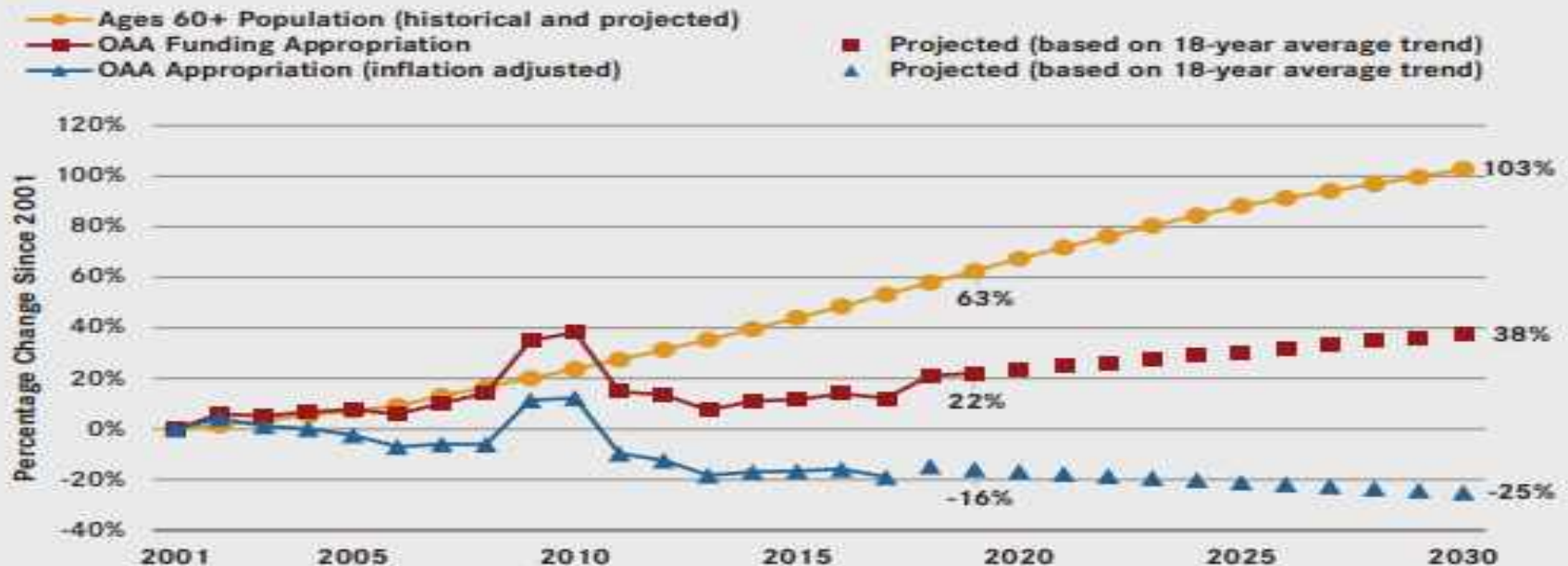


Advocacy in Action!



Advocacy in Action!

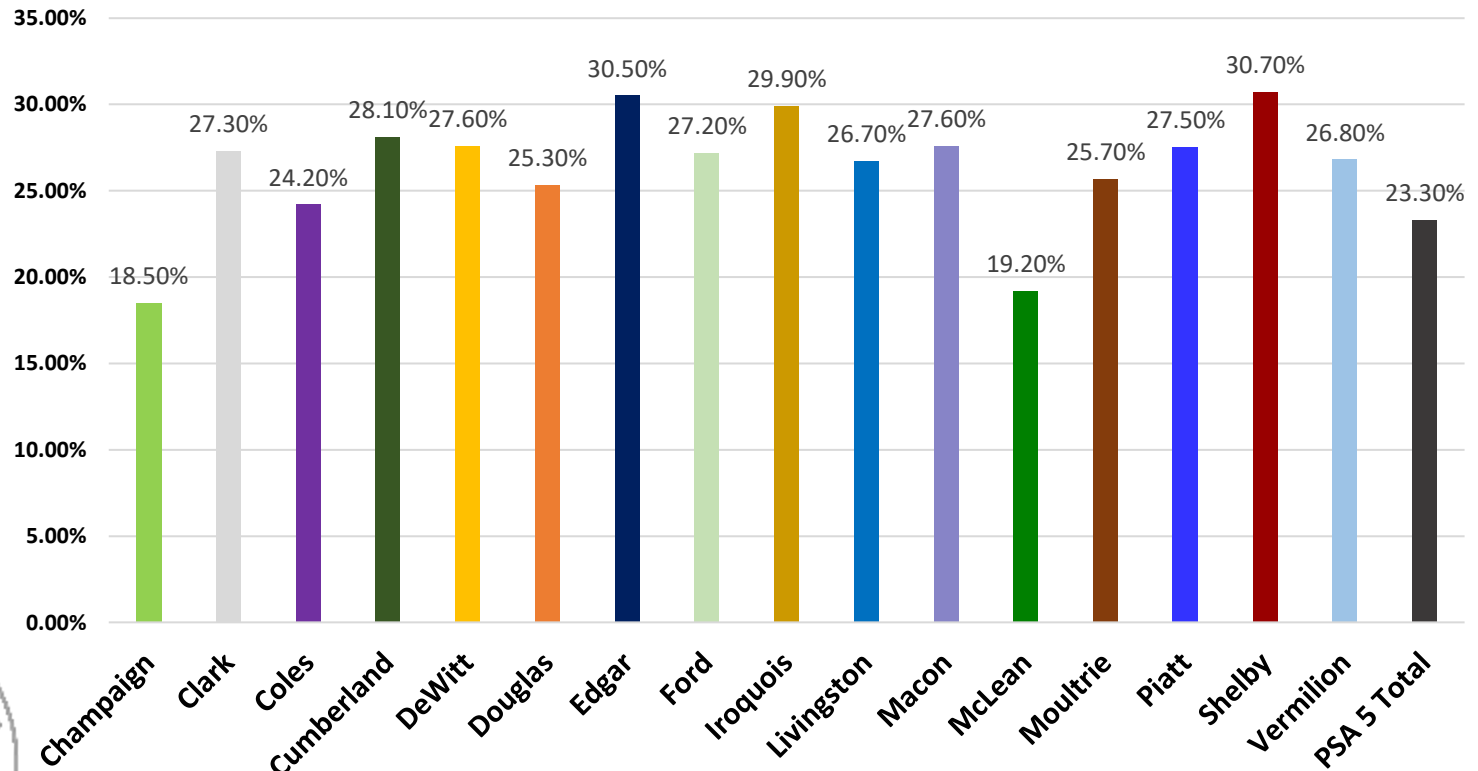
Percentage Change in Actual and Inflation Adjusted Funding Allocations for Older Americans Act Programs and Ages 60+ Population 2001-30 (future values projected)



Source: Funding appropriations for OAA and other aging services programs for FY 2001–FY 2004 from CRS Report for Congress, Older Americans Act: History of Appropriations, FY 1966–FY 2004, June 18, 2004. Funding appropriations for FY 2005–FY 2009 from CRS Report for Congress, Funding for the Older Americans Act and Other Aging Services Programs, February 22, 2013. Data for FY 2010–FY 2019 funding appropriations from CRS Older Americans Act: Overview and Funding, November 14, 2018. Ages 60+ populations estimates from US Census Bureau, Population Division. Annual Estimates of the Resident Population for Selected Age Groups by Sex for the United States: April 1, 2000 to July 1, 2009, released June 2010, and April 1, 2010 to July 1, 2017, released June 2018. AARP Public Policy Institute calculations from Regional Economic Models Inc., eREMI 4.1.0 (build 4681) standard regional control. AARP Public Policy Institute calculations using annual average consumer price index 2001–17 data and projections based on 18-year average trend, from US Department of Labor, Bureau of Labor Statistics, Table 24. Historical Consumer Price Index for All Urban Consumers: US City Average, All Items, https://www.bls.gov/cpi/tables/supplemental_files/historical-cpi-u-201811.pdf, accessed, January 10, 2019.

Advocacy in Action!

60+ Population % of Total Population





ECIAAA Advocacy Agenda for FY 2025

- ❖ ECIAAA is the regional focal point for advocacy on behalf of Older Americans, caregivers, and grandparents/relatives raising grandchildren/children in Area 05.
- ❖ ECIAAA is a member of USAging – formerly known as the National Association of Area Agencies on Aging, and the **IAA** - the Illinois Association of Area Agencies on Aging.
- ❖ ECIAAA supports the following advocacy agenda for 2025:



Older Americans Act Reauthorization - The Future of Aging is Now FY 2025

**Goal 1: To Serve More Older Adults Who Need Help to
Age Well at Home**

**Goal 2: To Meet the Needs of Today's and Tomorrow's
Older Adults Recommendation**

**Goal 3: To Maintain Efficient Oversight and Management
of Local Service Delivery to Ensure Quality**

Advocacy in Action – Federal Level President's Proposed FY 2025 Budget

- ❖ **OAA Title III B Supportive Services** – Maintenance level at \$541 million.
- ❖ **OAA Title III C Nutrition Services** – Increase by .09% to \$621 million for both congregate and home delivered meals.
- ❖ **OAA Title III E National Family Caregiver Support Program** – \$205 million, a decrease of \$2 million (-.01%) to support an increased demand in services.



Advocacy in Action – Federal Level Proposed FY 2025 Budget

- ❖ **OAA Title III D Evidence-Based Healthy Aging Programs -**
Level funding.
- ❖ **OAA Long-Term Care Ombudsman/Elder Abuse -** Level
funding.



Advocacy in Action- State Level

Strengthen Family Caregiver Support

❖ The Illinois Association of Area Agencies on Aging has requested **\$6 million** in state funding (HB 5358 and SB 3919) to assist family caregivers under the Illinois Family Caregiver Act.

❖ **CAREGIVER FUNDING - \$5 M Sustained**

The Illinois proposed budget for FY 2025 includes the sustained allocation of **\$5 M** for AAAs to strengthen services to caregivers in Illinois.



Advocacy in Action- State Level

- ❖ **Continue Supporting Essential Services for Older Adults**
- ❖ I4A requested level funding for nutrition programs, social engagement programs, and for Alzheimer's Disease and Related Dementias.
 - ❖ The US Surgeon General – Vivek H. Murthy. MD, states in the Report:
“Loneliness can have profound effects on mental health, heart disease, stroke and dementia, resulting in billions of dollars spent in health care costs.”



Advocacy in Action- State Level

❖ Continue Supporting Essential Services for Older Adults

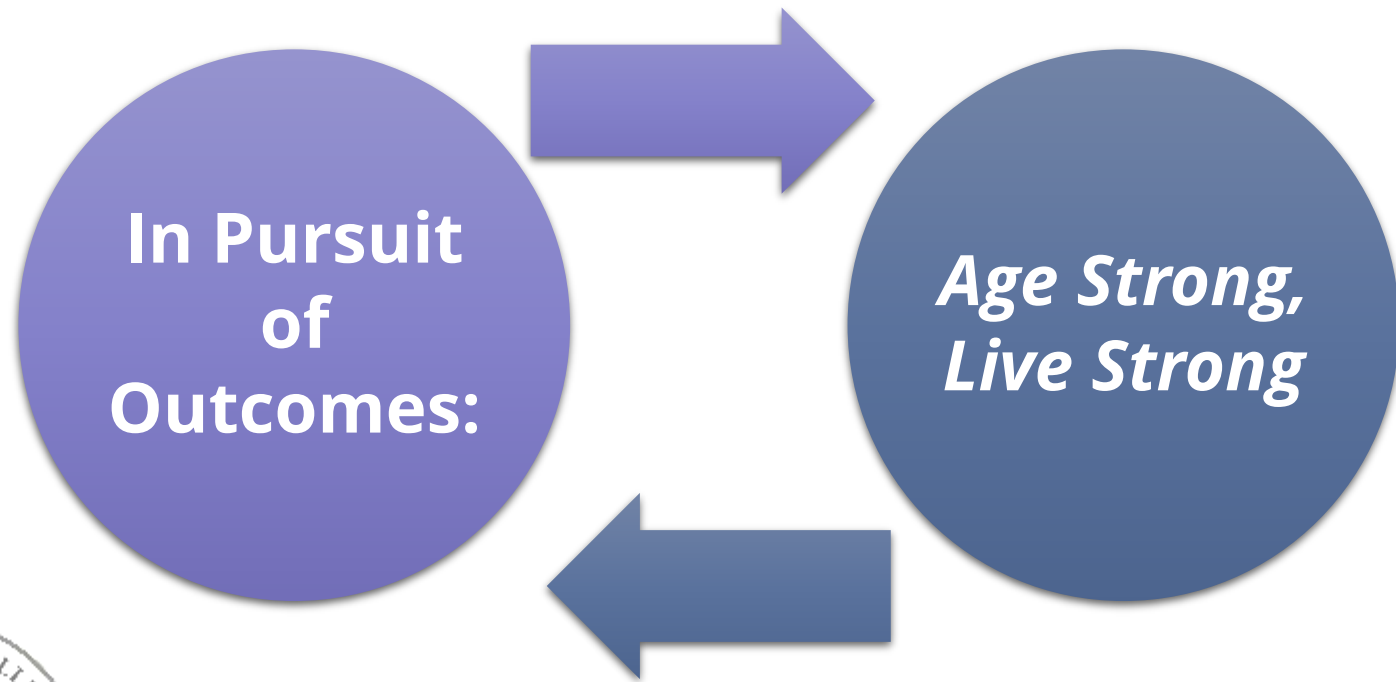
❖ INCREASED FUNDING - \$3 M in Home Delivered Meals.

The Illinois proposed budget for FY 2025 includes an increase to meet the increased demands for home delivered meals as a result of the pandemic. AAAs are directed to use this increase to continue the following:

1. Expand the provision of cultural/ethnic meals
2. Add medically tailored meals
3. Provide 2 meals per day for older adults at high nutritional risk
4. Expand partnerships with non-traditional meal providers, including restaurants and hospitals.



ECIAAA's Planning & Assessment Process



ECIAAAA wants to hear from you!

Have you or someone you know...

Received a home delivered meal?

Received help with a Medicare Part D application?

Attended a support group for family caregivers?

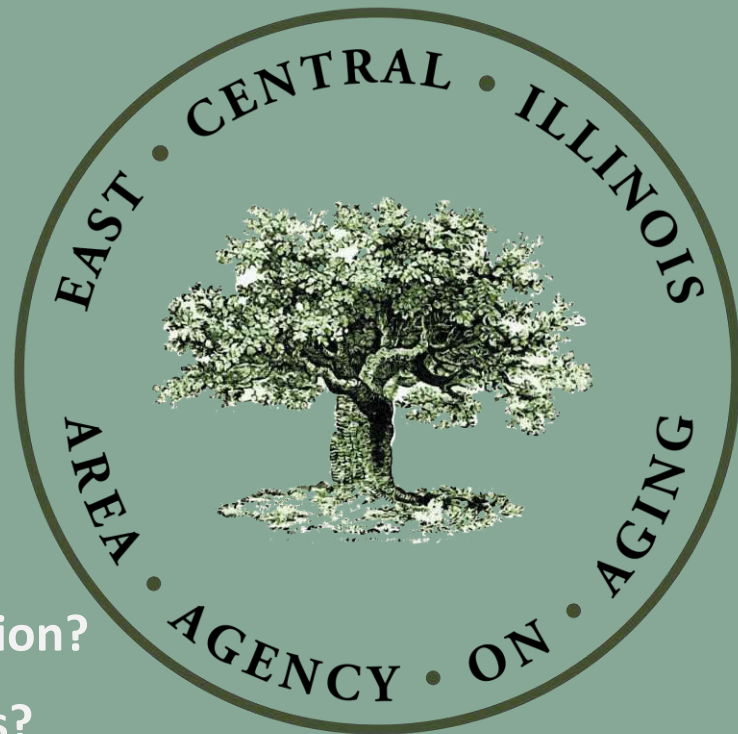
Obtained legal assistance to deal with a public housing issue?

Experienced abuse, neglect, and/or financial exploitation?

In these uncertain times, community-based programs serve as a lifeline for older adults and their caregivers, grandparents raising grandchildren, nursing home residents, victims of abuse, and individuals with disabilities. As demand for these services increase; state and federal support must also increase.

Your voice is vital and must be heard!

Please join us for the County Conversation on Aging in your County.



Performance Outcome #1 – CPoE/Senior Information Services

Older adults served by Coordinated Points of Entry/Senior Information Services are empowered to engage in services and improve their quality of life

- ❖ The Coordinated Point of Entry/Senior Information Services Program provided by ECIAAA is resulting in older adults and persons with disabilities experiencing financial security, peace of mind, independence, and improving their overall health, well-being, and quality of life.



Performance Outcome #2 – Caregiver Advisory Services

Caregivers are supported to enable them to continue caring for their loved ones

- ❖ The caregiver services provided by ECIAAA are resulting in caregivers and grandparents raising grandchildren (GRG) accessing programs and services to support them in their caregiving roles and receiving counseling and/or participating in support groups to better equip themselves to cope with the responsibilities of caring for their loved ones. Caregiving services enable older adults to continue living in their homes for longer periods of time.



Performance Outcome #3 – Nutrition Services

Older adults have improved food security and reduced social isolation

- ❖ Nutrition services provided by ECIAAA are improving food security, increasing opportunities for socialization, reducing feelings of isolation, helping participants to eat healthier, make better food choices, and improve their health, promoting independence, and enabling older adults to live at home.



Performance Outcome #4 – Legal Services

Older adults receive specialized legal services to address their legal needs

- ❖ Legal services provided by ECIAAA are promoting the independence and financial stability of older persons by increasing their knowledge and understanding of consumer, legal, medical, and financial rights and responsibilities.



FY 2025- FY 2027 Planning Process County Conversations Summary

ECIAAA Conducted 12 County Conversations from January 23, 2024, through February 9, 2024.

Total Participants – 300
(200 unduplicated/100 duplicated)



FY 2025- FY 2027 Planning Process County Conversations Summary

Objective I

Presented the performance results for Older Americans Act Services - Legal, Nutrition, Caregiver Advisory and CPoE/Senior Information Services.



FY 2025- FY 2027 Planning Process County Conversations Summary

Objective II

Obtained input from participants how ECIAAA can improve the OAA services provided, and how ECIAAA can improve OAA service delivery.



FY 2025- FY 2027 Planning Process County Conversations Summary

Objective III

Served as an advocacy platform to inform lawmakers about how vital these programs are to their constituents and that funding for Older Americans Act services must be preserved and increased!



FY 2025- FY 2027 Planning Process County Conversations Summary

Questions Asked...



HOW CAN WE IMPROVE THE OAA SERVICES PROVIDED?

HOW CAN WE IMPROVE OAA SERVICE DELIVERY?



FY 2025- FY 2027 Planning Process County Conversations Summary

Reducing Social Isolation Programming:

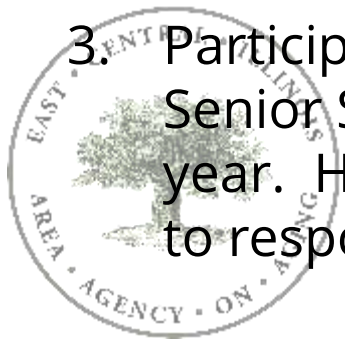
1. Participants reported the need to increase services to reduce social isolation (i.e. improve social connections) among older adults. Pilot programs have been launched in Champaign, Clark, Coles, Cumberland, Douglas, Macon, McLean, and Vermilion Counties. However, all counties in PSA 05 could benefit from such programs.
2. Based on preliminary results of an IDOA pilot project in Coles County, more older individuals have expressed their lack of social and family connections.



FY 2025- FY 2027 Planning Process County Conversations Summary

Senior Information Services/Coordinated Points of Entry (SIS/CPoE)

1. Service Providers and participants support the current SIS/CPoE Service Program Design as originally implemented by ECIAAA in FY 2011, which was continued in subsequent ECIAAA Request for Proposals (RFP) cycles and will be continued during the ECIAAA RFP Cycle for FY 2025 – FY 2027.
2. Federal and state funding has remained stagnant since FY 2011, increased funding is needed to respond to the growing demand for services.
3. Participants expressed appreciation for the availability of Flexible Senior Services (i.e. gap filling services) at the beginning of the fiscal year. However, participants reported the need for increased funding to respond to the increased demand in services.



FY 2025- FY 2027 Planning Process County Conversations Summary

Senior Information Services/Coordinated Points of Entry (SIS/CPoE)

4. Participant's report SHIP Counselors provide many important services that are not available online or through IDOA's Senior Helpline.
5. Participants reported that individuals with disabilities continue to be a large portion of the SIS customer base. Options Counseling added to the SIS/CPoE Program area wide has helped address the demand for services.
6. Ethnic diversity is increasing in all communities – ECIAAA needs to ensure services are targeting diverse groups.
7. It was a consistent theme that the ECIAAA Aging Network needs to do a better job of reaching out to older adults. ECIAAA in in the process of establishing a messaging and public relations plan to help promote the Senior Information Services/Coordinated Point of Entry services throughout PSA 05.



FY 2025- FY 2027 Planning Process County Conversations Summary

Caregiver Advisory Services

1. Service Providers and participants support the current Caregiver Advisory Program Design as originally implemented by ECIAAA in FY 2002, which was continued in subsequent ECIAAA Request for Proposals (RFP) cycles and will be continued during the ECIAAA RFP cycle for FY 2025 – FY 2027.
2. Participants reported the need to establish Kinship Care programs in PSA 05 – allowing grandparents/relatives raising children of all ages (not just 55+) access to support services.



FY 2025- FY 2027 Planning Process County Conversations Summary

Caregiver Advisory Services

3. Participants reported that caregivers appreciate the Flexible Senior Services (AKA) gap filling services and Alzheimer's Disease and Related Dementias Gap Filling Services implemented by ECIAAA.
4. Participants reported the need to better promote Caregiver Advisory Services for family/informal caregivers and grandparents/relatives raising grandchildren/children throughout PSA 05.
5. Participants reported the need for increased funding for the ECIAAA-funded Caregiver Advisory Program due to the growing demand for services.



FY 2025- FY 2027 Planning Process County Conversations Summary

Nutrition Services

1. Service Providers and participants reported no recommendations for changes to the current service delivery design for Nutrition Services as originally implemented by ECIAAA in FY 2015, which was continued in subsequent ECIAAA Request for Proposals (RFP) cycles and will continue during the upcoming ECIAAA RFP cycle (FY 2025 – FY 2027).
2. Service providers and participants reported that the nutritional needs of rural elders must be met.
3. Increased funding is needed to sustain the American Rescue Plan Act (ARPA) initiative of targeting a second meal to nutrition clients assessed at higher risk.
4. Participants reported the need to better promote the OAA-funded Nutrition Programs throughout PSA 05.



FY 2025- FY 2027 Planning Process County Conversations Summary

Legal Services

1. Service Providers and participants support the current Legal Assistance for Older Adults Service Program Design as originally implemented by ECIAAA that has been established in subsequent ECIAAA Request for Proposals (RFP) cycles and will continue during the ECIAAA RFP cycle for FY 2025 – FY 2027.
2. Legal assistance providers reported they have added outreach staff to increase their presence throughout PSA 05. Participants reported the continued need to reach homebound older adults needing legal assistance.





FY 2025- FY 2027 Planning Process County Conversations Summary

Legal Services

3. Participants reported the need to better promote services to older adults needing legal assistance.
4. Participants recognized the importance of providing legal assistance to victims of abuse, neglect and exploitation.
5. Participants reported the need to increase funding to legal assistance providers to meet the demand for legal services for older adults.



FY 2025- FY 2027 Planning Process County Conversations Summary

Adult Protective Services

1. Social isolation is a major risk factor among victims of abuse, neglect and exploitation.
2. ECIAAA needs to continue promoting awareness and training to members of law enforcement throughout PSA 05.
3. ECIAAA needs to continue supporting the development of TRIADs throughout PSA 05.
4. The collaboration between APS providers and legal service providers needs to increase when working with victims of abuse, neglect and exploitation.



FY 2025- FY 2027 Planning Process County Conversations Summary

ECIAAA Regional Long-Term Care Ombudsman Program

1. Successful collaboration - Legal Service providers have assisted an increased number of residents of long-term care facilities facing involuntary discharge action. Continued collaboration is needed.



FY 2025- FY 2027 Planning Process County Conversations Summary

Transportation Services in PSA 05

1. The need for transportation services for older adults was a consistent theme at all twelve (12) county conversations.
2. Participants reported that current urban/rural public transportation programs are not able to address the need for person-centered, assisted transportation that many older adults require.

ECIAAA ANNOUNCEMENT: ECIAAA will consider funding transportation services in the future if ECIAAA receives an increased allocation under Title III-B of the Older Americans Act. Therefore, our advocacy to increase Older Americans Act funding, specifically in Title III-B, is critically important!



FY 2025- FY 2027 Planning Process County Conversations Summary

Adult Day Services (ADS) in PSA 05

1. ECIAAA experienced the loss of the ADS Provider in Bloomington/Normal in 2020 and another in Decatur in 2021. The need for ADS services in PSA 05 was the highest-ranking need at 956. Therefore, ECIAAA needs to take action to recruit new ADS providers to serve both Bloomington/Normal and Decatur.

FY 2025 Statewide Initiatives

Initiative #1: Increase statewide visibility of the Aging Network to connect Illinoisans with supports and services that encourage independence, dignity, and quality of life as we age.



FY 2025 Statewide Initiatives

Initiative #2: Drive continuous quality assurance and improvement activities that emphasize person-centered and trauma informed services while maximizing effectiveness of services delivered through the Aging Network.



FY 2025 Statewide Initiatives

Initiative #3: Increase public awareness and knowledge of caregiver needs, as well as resources and services available throughout the state of Illinois to promote increased caregiver engagement in person-centered, trauma informed, and evidence-based programs and services.



ECIAAA Local Initiative #1

**Improve Social
Connections/Social Engagement
by Reducing Social Isolation
among Older Adults**

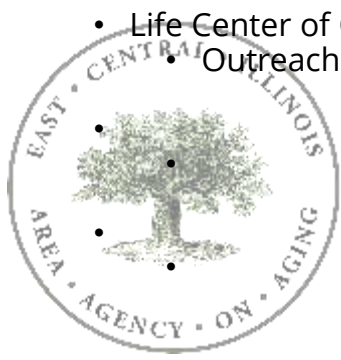


Reducing Social Isolation Service Providers

- CRIS Healthy Aging – Champaign & Vermilion
 - Outreach – Activities include EchoShow devices, Buddy Program, fitness watch that accompanies Fit & Strong classes
- Starting Point at Macon County Health Department – Macon
 - Outreach – Activities include I-Pad and Android Tablets and instructions provided by Decatur Public Library
- CCSI, Case Coordination Unit – McLean
 - Outreach – Activities include Outreach to Hispanic community, Brain Train, Android Tablets
- Catholic Charities – Macon
 - Friendly Visiting & Telephone Reassurance
- Family Service Senior Resource Center – Champaign & Douglas
 - Outreach – Activities include Creativity on Wheels, Creative Senior Connections, Low Vision Groups, Tuscola Tours, Movies at the Moose
- Life Center of Cumberland County – Clark & Cumberland
 - Outreach – Activities include Telephone Reassurance

Coles County Council on Aging – LifeSpan Center – Coles
Outreach – Activities include EchoShow devices

Normal Township, The ARC – McLean
Friendly Visiting & Telephone Reassurance



Reducing Social Isolation Pilot Projects Service Performance

Reducing Social Isolation All Pilot Projects Summary of Performance

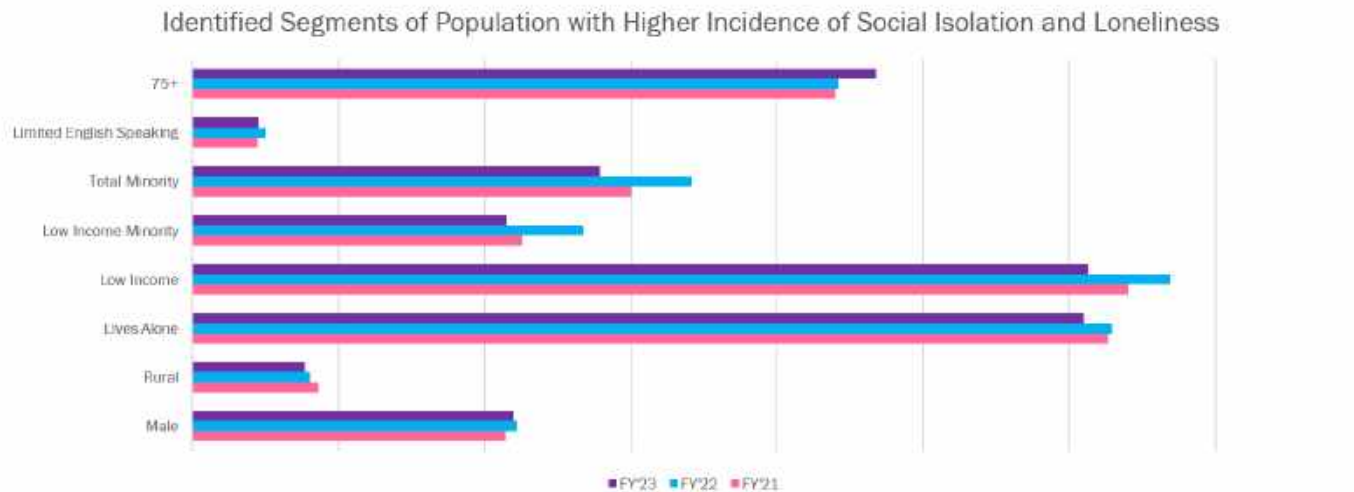


FY'23 saw 49.2% growth in persons between FY'22 and FY'23.



Reducing Social Isolation Pilot Projects Targeting Performance

FY'23, FY'22 & FY'21 Targeted Performance All Pilot Projects

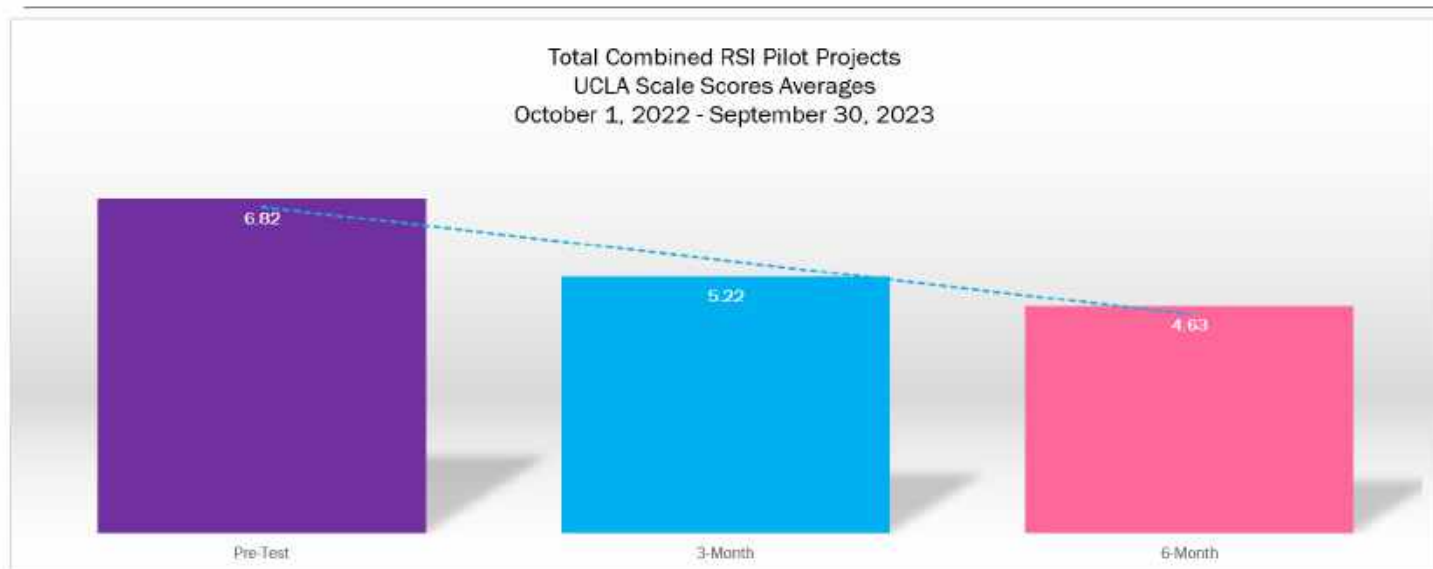


Targeting efforts continue to be strong in FY'23.



Reducing Social Isolation UCLA Loneliness Scale Score Averages

FY'23 UCLA Loneliness Scale Score Averages



UCLA Scale Scores dropped 47.3% at 6-Month Assessment from Pre-Test.



Local Initiative #2

Healthy Aging

**Helping Older Adults Manage Chronic
Health Conditions**



Healthy Aging – Area Plan for FY 2025-FY 2027

ECIAAA promotes healthy aging with local and statewide partners:

- ECIAAA collaborates with Illinois Pathways to Health – an ACL grant awarded to and administered by AgeOptions to promote of Chronic Disease Self-Management Programs (CDSMP), Diabetes Self-Management Programs (DSMP), Matter of Balance, and Bingocize statewide.
- Sustain funded partners disseminating A Matter of Balance in PSA 05.
- Sustain funded partners disseminating CDSMP & DSMP in PSA 05.
 - Sustain funded partners disseminating Bingocize in PSA 05.
- Sustain the funded partner disseminating Aging Mastery in PSA 05.
- Sustain PEARLS – Program to Encourage Active, Rewarding Lives for Older Adults (PEARLS) in PSA 05.



PEARLS- Program to Encourage Active and Rewarding Lives for Older Adults

- ❖ An evidence-based program integrated into Gerontological Counseling and designed to reduce depression in physically impaired and socially isolated older adults.
- ❖ Expanded Service Area: Counties of Champaign, Clark, Coles, Cumberland, DeWitt, Douglas, Edgar, Ford, Iroquois, Livingston, McLean, Macon, Moultrie, Piatt, Shelby and Vermilion



CDSMP/DSMP- Chronic Disease Self-Management and Diabetes Self-Management-

- ❖ A 6-week evidence-based program that has shown participant improvement in exercise, cognitive symptom management, communication with physicians and self-reported general health.
- ❖ Service Area- Counties of Champaign, McLean, DeWitt, Livingston, Macon and Vermilion



A Matter of Balance

- ❖ An eight-session program producing significant improvements for participants in falls preventions, falls control, level of exercise and social limitations regarding concern about falling. These measures all indicate the program is successful in reducing the fear of falling.
- ❖ Service Area- Counties of Champaign, Clark, Cumberland, DeWitt, Livingston, McLean, Macon, Moultrie, Piatt, and Shelby



Aging Mastery

- ❖ A program consisting of a 10-topic curriculum that features fun and engaging educational sessions designed to produce behavioral incentives for aging well. Topics include exercise, nutrition, finances, advance care planning, community engagement and healthy relationships.

❖ Service Area- Counties of Vermilion and Champaign





Stress Busting

- ❖ A program that consists of nine-session class providing support for family caregivers of persons with Alzheimer's Disease and Related Dementias or persons with cancer or chronic disease or illness. The Stress-Busting Program has been proven to reduce stress, anxiety and anger and improve caregiver quality of life.
- ❖ Service Area- PSA 05



Bingocize®

- ❖ A 10-week, evidence-based health promotion program approved through the National Council on Aging (NCOA). Bingocize® combines exercise and health information with the familiar game of bingo, which has shown to be a great, fun way to get seniors moving and socializing. It's meant to be played twice a week on nonconsecutive days, and each session usually lasts 45-60 minutes. It can implement remotely or in traditional face-to-face setting.
- ❖ Service Area – Counties of Clark, Cumberland, DeWitt, Livingston, Macon, McLean, Moultrie and Shelby



Fit & Strong!®

- ❖ Fit & Strong! ® is a group physical activity and behavior change program for persons with arthritis. The program consists of 24 sessions each 90 minutes. The first 60 minutes focus on flexibility, low-impact aerobics, and strength training to improve lower body function. The remaining 30 minutes consists of health education and group problem solving using a structured curriculum.
- ❖ Participants develop personalized action plans to maintain physical activity and progress after class ends.
- ❖ Service Area - Counties of Champaign and Vermilion

Local Initiative #3

DEMENTIA FRIENDLY AMERICA (DFA) COMMUNITIES In East Central Illinois



ECIAAA Action Steps - DFA Community(ies)

- ❖ Partner with the Illinois Cognitive Resources Network (ICRN) to establish dementia friendly communities in each PSA by 2025.
- ❖ Partner with the ICRN to increase the number of dementia friendly communities by one in each PSA with existing dementia friendly communities.
- ❖ Decatur Received Dementia Friendly America Designation in 2022. ECIAAA continues to work with Dementia Friendly Decatur to support their community work.
- ❖ Moultrie County – Received Dementia Friendly Designation in 2023. ECIAAA is serving as the Champion within the Leadership Task Force for Moultrie County.



ECIAAA Action Steps - DFA Community(ies)

- ❖ Partner with the ICRN to fulfill the requirements for inclusion on the national registry of dementia friendly communities.
- ❖ Explore the development of DFA designation within Champaign County and DeWitt County.
- ❖ Utilize the available resources and instructions found at www.dfamerica.org and/or create tools and resources as needed.
- ❖ Promote Alzheimer's Disease Related Dementia services and interventions: Savvy Caregiver, Stress Busting for Caregivers, and/or Supportive Gap Filling Services with the goal of increasing participation by 3%.



Dementia Friendly America Communities

- ❖ Partner with the ICRN to fulfill the requirements for inclusion on the national registry of dementia friendly communities.
- ❖ Utilize the available resources and instructions found at www.dfamerica.org and/or create tools and resources as needed.
- ❖ Promote Alzheimer's Disease Related Dementia services and interventions: Savvy Caregiver, Stress Busting for Caregivers, and/or Supportive Gap Filling Services with the goal of increasing participation by 3%.

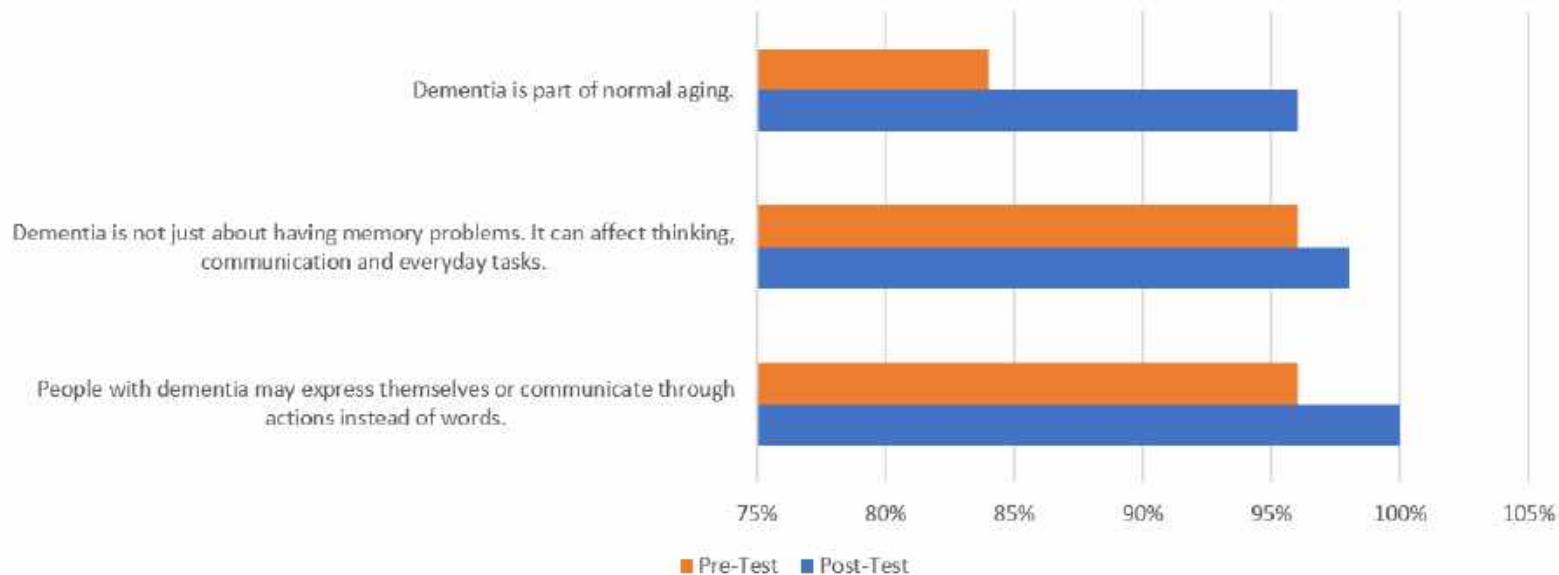


Dementia Friendly America Communities



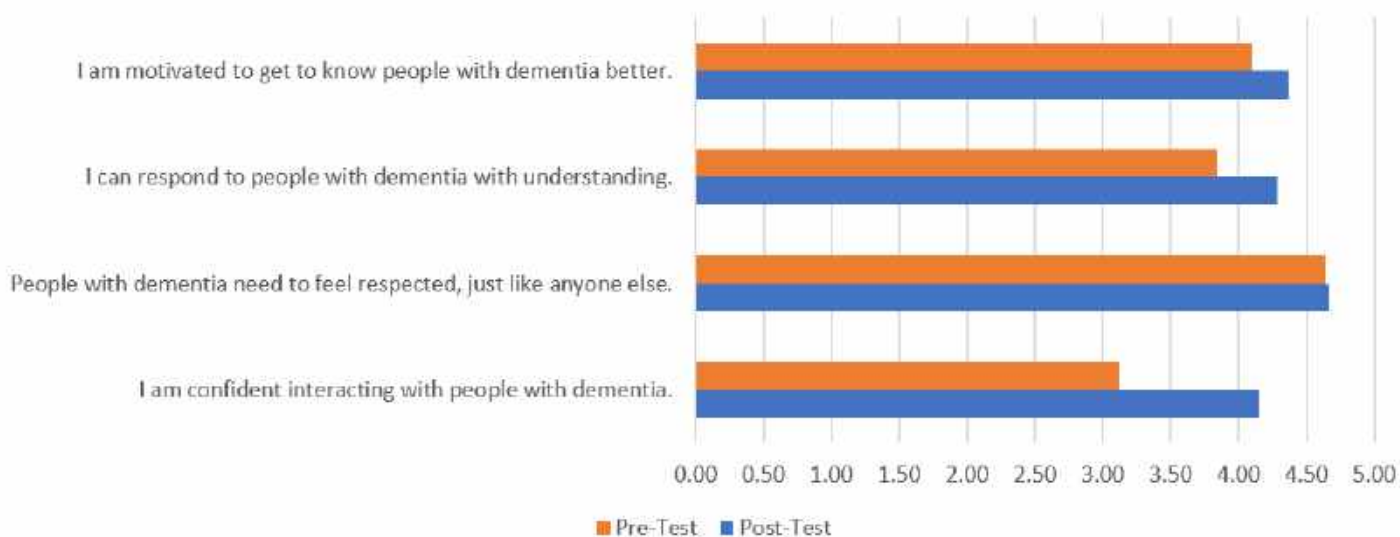
Dementia Friendly America Communities

Dementia Friends Training – Knowledge Questions
Moultrie County



Dementia Friendly America Communities

Dementia Friends Training – Attitude Questions
Moultrie County



Dementia Friendly America Communities



**Where All People
Can Live, Age and
Thrive**



ECIAAA Budget Assumptions for FY 2025 - Illinois

THE GOVERNOR'S PROPOSED FY 2025 BUDGET INCLUDES:

1. \$3 M increase for the expansion of the home delivered meals to
 - a. expand cultural/ethnic meals
 - b. add medically tailored meals
 - c. provide two meals per day for older adults at high nutritional risk
 - d. expand partnerships with non-traditional meal providers, including restaurants and hospitals.
2. \$5 M in sustained funding to support current Illinois Family Caregiver & Grandparents/Relatives Raising Grandchildren/Children programs (receiving OAA Title III E funding).



ECIAAA Budget Assumptions for FY 2025

3. The IL proposed budget includes \$1M to sustain Reducing Social Isolation programming launched by AAAs during FY 2020, FY 2021, FY 2022, FY 2023 and FY 2024
4. The IL proposed budget includes \$1M to sustain Alzheimer's Disease and Related Dementias programming launched by AAAs during FY 2020, FY 2021, FY 2022, FY 2023 and FY 2024.





ECIAAA Budget Assumptions for FY 2025

5. ECIAAA must comply with a federal Administration on Aging (AoA) requirement that stating that all Title III-D funds be used to fund evidence-based services that comply with ECIAAA must comply with federal Older Americans Act statutory obligations to fund categorical or specified services, e.g., III-B Support Services – including Legal Assistance, III-C Nutrition Services – including Congregate and Home Delivered Meals, and Title III-E Caregiver Support Services – which includes Caregiver Advisory and Respite Services.
6. AoA's Highest Level Criteria must be met for Healthy-Aging/Evidenced Based Programs.
7. OAA allows an AAA to apply for 10% of total Title III-B and Title III-C for the cost of administration.

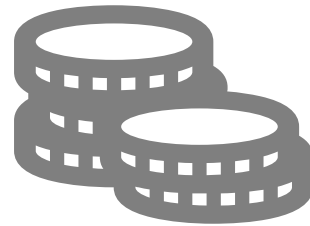
ECIAAA Budget Assumptions for FY 2025

8. An AAA will apply for Title III-B funds for the cost of administrative-related direct services including advocacy, program development, and coordination.
9. ECIAAA must stay within the 15% transferability of the AAA's allotment for III-B and III-C. If transfers exceed these required limits, the AAA must submit an acceptable justification to IDOA for the higher amount.



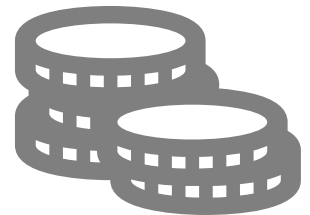
Contingency Planning

- ❖ In case of any contingency involving an increase or a decrease in federal and/or state funds, ECIAAA will comply with the intent of Congress and the Illinois General Assembly, and/or administrative directives from the Administration for Community Living/Administration on Aging and the Illinois Department on Aging.
- ❖ If the planning allocation is reduced for a specific revenue source, then funds would be reduced for programs and services which are directly related to that revenue source.



Contingency Planning

- ❖ ECIAAA will give highest priority to sustain or increase federal OAA and State GRF funds for supportive services under the Area Plan for Coordinated Points of Entry/Senior Information Services, second priority to Legal Assistance, and third priority to evidence-based health aging programs.

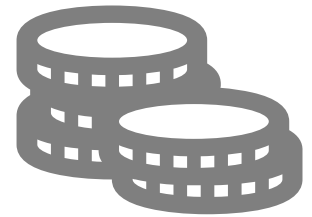


- ❖ ECIAAA will adjust inter-fund transfers among OAA Titles III-B and C to sustain Coordinated Points of Entry/Senior Information Services if necessary and feasible.



Contingency Planning

❖ ECIAAA will use additional GRF for home delivered meals to sustain current meal levels, keep pace with rising costs, and respond to increased demand for meals if feasible.

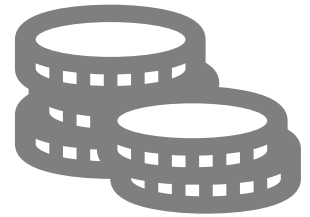


❖ Caregiver Advisory Services will be given the highest priority for OAA Title III-E funds and new IL GRF funding. If ECIAAA receives cuts in federal funds for OAA Title III-E, the Agency will reduce expenditures for Respite Services.



Contingency Planning

- ❖ ECIAAA will use additional state funds for the LTC Ombudsman Program to comply with statutory requirements and program standards.
- ❖ ECIAAA will evaluate the impact of proposed cuts in federal and/or state funds on programs and services targeted to older adults and caregivers in greatest social and economic need, especially vulnerable older adults who need assistance due to limitations in their ability to carry out activities of daily living and/or being at risk due to abuse, neglect or financial exploitation.



FY 2025 PUBLIC INFORMATION DOCUMENT ADDENDUM

**REVISED PLANNING ALLOCATIONS DUE TO PROPOSED
GOVERNOR'S BUDGET
FOR FY 2025**

**REVISED PLANNING ALLOCATION LETTER – AAAL 25AP2 –
Released April 3, 2024**

Amended Allocation Numbers for FY 2025 by funding source:

Title III-B OMB \$2,152 decrease

Title VII OMB \$2,320 decrease

Illinois GRF OMB \$49,060 increase

Illinois GRF HDM \$206,700 increase



FY 2025 PUBLIC INFORMATION DOCUMENT ADDENDUM

Inter-Fund Transfers

The Transfer from Title III-C to Title III-B is 15%. The transfer from Title III-C1 to Title III-C2 is 0%. The transfer amount to Title III-B is within 15% transfer authority. Historical data from the planning process support this interfund transfer into year one (1) of the three (3) year planning cycle.

Based on this revised interfund transfer, there was a \$58,027 increase in Title III-B for providers and a decrease of \$58,027 in Title IIIC-2 for providers.



Title III-B	Title III-B Ombudsman	Title III-C1	Title III-C2	Total
\$315,254	-	(\$88,429)	(226,825)	0

ECIAAA FY 2025 BUDGET SUMMARY

*FY 2025 Addendum Changes

Source	FY 2025 Allocation
Federal Funds	\$4,211,135 *\$4,204,722
Federal Carry Over Funds	\$185,217
State Funds	\$5,376,418 *5,632,178
Other	\$438,530
Total	\$10,211,300 *10,460,647

Allowable Inter-Fund Transfers:

Transfer \$88,429 from Title III-C1 and \$226,825 from Title III-C2 to Title III-B (+\$315,254)

NOTE: At 15% Transfer Authority



ECIAAA Internal Operations *FY 2025 Addendum Changes

Funding Source/Program Description	Fiscal Year 2025
Administration	\$579,467 *\$579,252
Administratively Related Direct Services Title III-B Advocacy, Coordination, & Program Development	\$543,714
Regional Ombudsman Program	\$525,814 *\$570,849
Title VII Ombudsman	\$6,271 *\$6,039
Title VII- Elder Rights	\$1,837
TOTAL:	\$1,657,103 *\$1,701,691

FY 2025 FUNDING ALLOCATIONS

*FY 2025 Addendum Changes

- ❖ \$8,368,980 ----FY 2025 Funding Allocations To Service Providers Contained In The FY 2025 Public Information Document (PID) ***Addendum: Revised FY 2025 Allocation to \$8,573,739 – AAAL 25AP2**
- ❖ Compared to FY 2024---\$8,396,698 in Funding Allocations To Service Providers Contained In The FY 2024 Public Information Document (PID)
- ❖ Net Increase Of \$177,041---Increase of 2%



Coordinated Point of Entry/ Senior Information Services

Service	FY 2025 Allocation
CPoE/SIS	\$1,330,300
Options Counseling (Demonstration Projects)	\$52,530
Total	\$1,382,830

NOTE: The ECIAAA Funding Formula will include a base of \$35,000 per county. The remaining share will be distributed on the formula share per county.

Total amount sustained when compared to FY 2024



Caregiver Advisory Services

Service	FY 2025 Allocation
Caregiver Advisory Services – Caregivers and Grandparents/Relatives Raising Grandchildren/Children	\$781,588

NOTE: ECIAAA Funding Formula will include a base of \$5,250 per county. The remaining share will be distributed on the formula share per county. Combined increase of 1.7% (+\$13,490).



Caregiver – Respite Services

Service	FY 2025 Allocation
Respite Services	\$11,781

NOTE: ECIAAA Funding Formula will include a base of \$500 per county. The remaining share will be distributed on the formula share per county. Allocation reflects a reduction of 26% when compared to the original FY 2024 allocation.



Nutrition Services

Service	FY 2025 Allocation
Congregate Meals- IIIC1	\$950,010
Congregate Meals- IIIC1 NSIP	\$52,397
Total Net change	\$1,002,407 0%



Nutrition Services

Service	FY 2025 Allocation
Home Delivered Meals – IIIC2	\$686,991 *\$628,964
Home Delivered Meals – IIIC2 NSIP	\$454,832 *\$452,891
Home Delivered Meals – GRF	\$3,603,470 *\$3,810,170
Total	\$4,745,293 *\$4,892,025

*NOTE: ADDENDUM TO FY 2025 PUBLIC INFORMATION
DOCUMENT – Planning Allocation Change due to **AAAL 25AP2**

*Net increase of \$146,732 in Home Delivered Meals (+3%)



Legal Services & Healthy Aging- Evidenced Based Services

Service	FY 2025 Allocation
Legal Services	\$102,051 (III-B) (Level funding)
Chronic Disease Self-Management, Diabetes Self-Management	\$17,188 (III-D) (0%)
Aging Mastery	\$7,212 (III-D) (+35%)
Matter of Balance/Bingocize®	\$31,146 (III-D) (0%)
Gerontological Counseling – PEARLS	\$58,497 (IIIB) (+40%)



Social Connections – Reducing Social Isolation Pilot Projects

Service	FY 2025 Allocation
Reducing Social Isolation Outreach & Flexible Community Services	\$126,653
Reducing Social Isolation Telephone Reassurance/Friendly Visitor	\$67,991
Total	\$194,644



IMPORTANT ANNOUNCEMENT

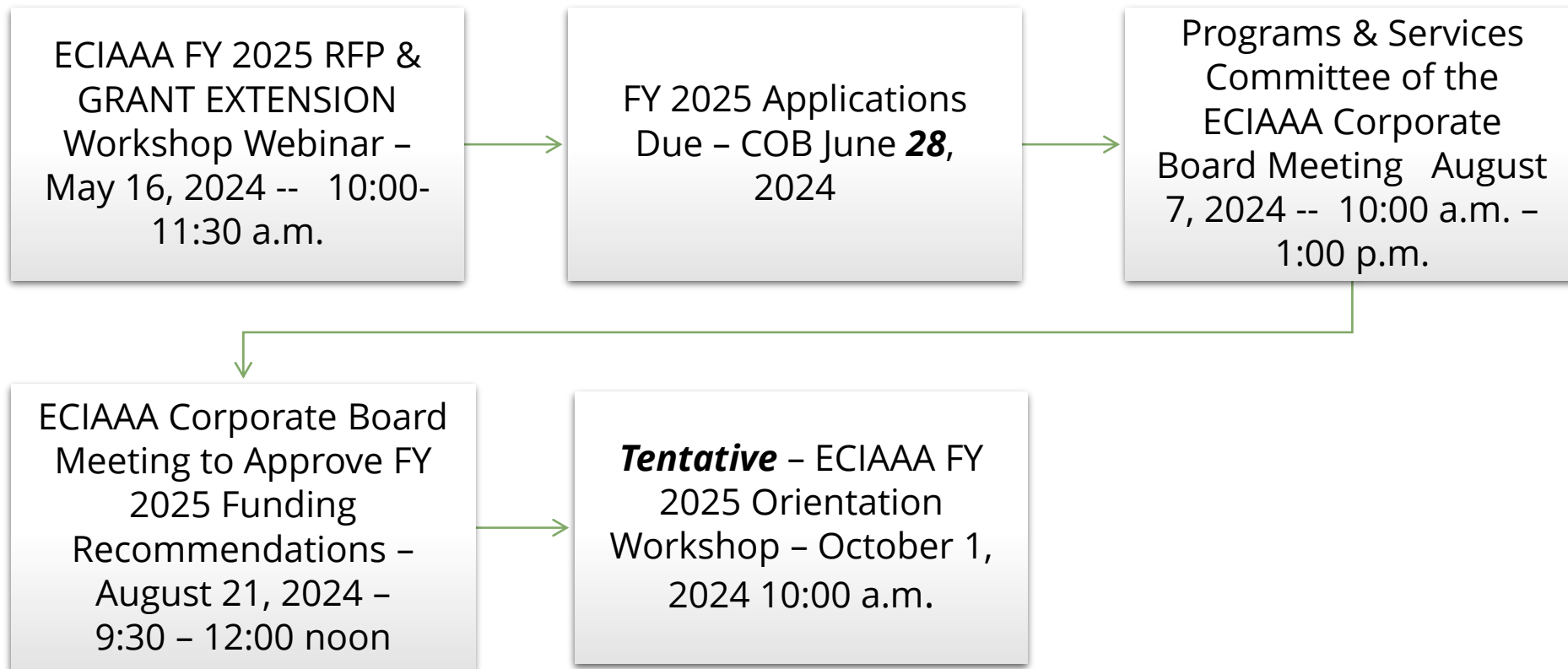
FY 2025 ECIAAA REQUEST FOR PROPOSALS & GRANT EXTENSION WORKSHOP

GoToMeeting WEBINAR – 10:00 AM on MAY 16, 2024

- FY 2025 Request for Proposals for interested applicants serving PSA 05 will be released for the following services:
 - 1. Coordinated Point of Entry/Senior Information Services
 - 2. Caregiver Advisory Services
 - 3. Legal Services
 - NOTE: ECIAAA will extend OAA Nutrition Services (Congregate and Home Delivered Meals) in PSA 05 for FY 2025



FY 2025 Request for Proposal & Grant Extension Process



Questions?



Thank You!

- ❖ Please send your comments to the attention of:
- ❖ Susan C. Real, Chief Executive Officer
- ❖ ECIAAA
- ❖ email: sreal@eciaaa.org
- ❖ Telephone: Work – 309-829-2065 ext. 1218
- ❖ Telephone: Cell – 309-533-3232

OR

- ❖ Comments/ Questions Form

<https://www.surveymonkey.com/r/JYZDLYX>

