

ECIAAA PUBLIC HEARINGS

Summary of the Proposed Area Plan for FY 2023



OLDER AMERICANS MONTH



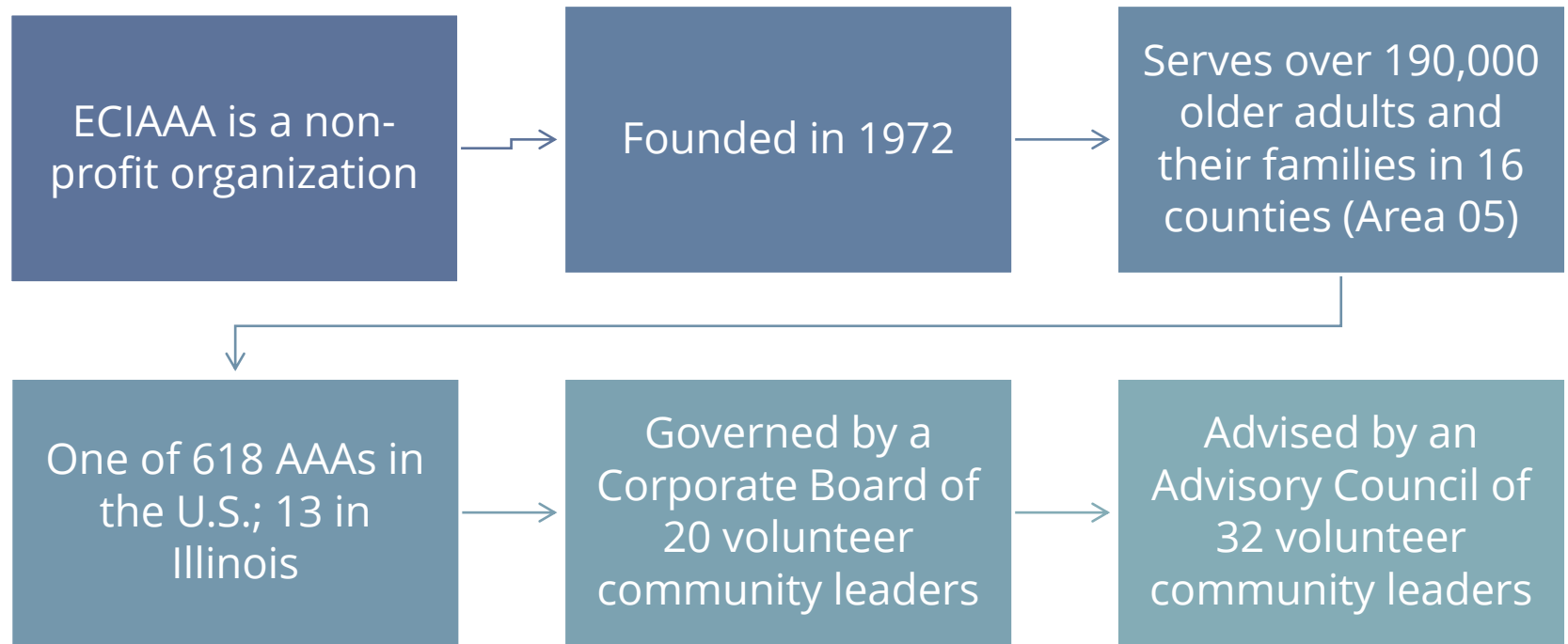
AGE MY WAY: MAY 2022

ECIAAA MISSION STATEMENT

Our mission is to lead and advocate for inclusive resources and services that empower the optimal aging of East Central Illinois' diverse older adults, individuals with disabilities, and their care partners.



Who We Are:



What We Do

Access Services

In-home Services

Community Services

Healthy-Aging Programs

Caregiver Support Programs



What We Do

Federal Elder Rights Programs & APS

Senior Health Assistance Programs

Senior Health Insurance Programs

Medicare Improvement for Patients & Providers

Senior Medicare Patrol



What We Do

Long Term Care Systems Development

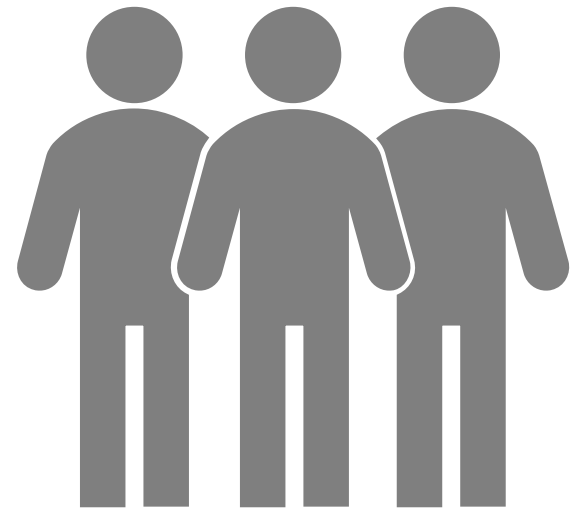
Senior Farmer Market Nutrition Program

Veterans Independence Program



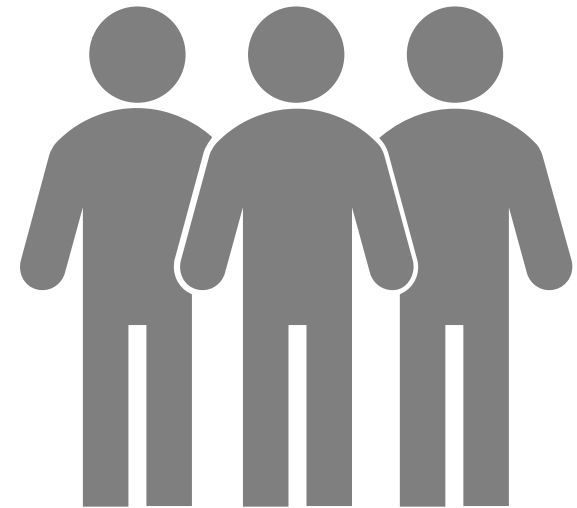
ECIAAA serves Older Americans, family caregivers and grandparents raising grandchildren through...

- ❖ Advocacy in Action
- ❖ Planning, Program Development and Coordination
- ❖ Supporting Community Programs on Aging
- ❖ Providing easy access to information, assistance, services and supports



ECIAAA serves Older Americans, family caregivers and grandparents raising grandchildren through...

- ❖ Developing community-based long-term services and supports
- ❖ Advocacy for residents in long-term care facilities
- ❖ Responding to abuse, neglect and exploitation



Advocacy in Action!



ILLINOIS GENERAL ASSEMBLY
UPDATE 2022
JANUARY 21, 9-10:00 AM



Illinois Association of Area Agencies on Aging | 1910 S. Highland Ave Lombard, IL 60148 | 630.293.5990

Advocacy in Action!



Illinois Association of Area Agencies on Aging

2021 I4A Factsheet

(Source: Illinois Department on Aging 2021 Title III and VII State Program Report)

The Illinois 13 Area Agencies on Aging served 564,425 adults age 60 and over during FY 2021 or 20% of the senior population. Since the 1970s, each Area Agency on Aging has helped to build a network of aging services at the local level, incorporating the preferences of local participants.

Aging services assist older adults, their caregivers, grandparents raising grandchildren, people with disabilities, and veterans. The Area Agencies continued the initiative to reduce social isolation among older adults and their caregivers during 2021.

The Aging Network continues to provide direct assistance and support to older adults navigating the vaccination process. Area Agencies on Aging and Care Coordination Units have engaged an estimated 156,000 older adults in vaccination education and outreach, helping with transportation to vaccine clinics and arranging for in-home vaccination for homebound individuals.



227 Provider Agencies

Area Agencies on Aging collaborate with community providers to ensure older adults and their caregivers have access to home and community-based services.



16,346 Older Adults

Received Options Counseling

Options Counseling advises older adults about cost-effective options for community-based, long-term services and supports.



10,590 Older Adults Received In-Home Services

In-Home services include housekeeping, respite care, telephone reassurance, and minor home repairs.



31,847 Consultations provided by the Ombudsman Program

The Illinois Long-Term Care Ombudsman Program (LTCOP) is a resident-directed advocacy program which protects and improves the quality of life for residents in a variety of long-term care settings.

964,789 Service Units Provided for Information, Assistance, & Outreach



Information, assistance, and outreach helps older adults make informed decisions about program, benefits, and services to help them live independently at home for as long as possible.

258,090 Rides Provided to Older Adults



Transportation programs provide older adults access to medical appointments, shopping, congregate dining locations, and senior centers.

20,567 Adult Protective Services Reports



The Illinois Department on Aging awards grants to Area Agencies on Aging to serve as Regional Administering Agencies for the statewide Adult Protective Services Program.

1910 S. Highland Avenue

Lombard, IL 60148

(630) 293-5990



The Illinois Family Caregiver Act: An Opportunity to Support Caregivers Support HB 293 & SB 1766

Support

Fund the Illinois Family Caregiver Act

The law, PA 93-0864 passed in 2004 but never funded, established a caregiver support program to assist unpaid caregivers including grandparents raising grandkids (kinship care) through training and education to develop essential caregiving skills and other interventions to provide relief and reduce stress.

Supporting Caregivers Helps Older Illinoisans Stay Home Longer

Critical issues around caregiving existed prior to the current pandemic, but COVID-19 is changing concepts of care in long-term facilities, isolation, mental wellbeing, economics, and making this issue more important now than ever.

- A 2019 report found in Illinois 1.5 million family caregivers provided 1.24 billion hours of unpaid care valued at **\$17.3 billion** annually.
- **50%** of voters over age 40 in Illinois are either current or former family caregivers.
- **70%** of family caregivers felt stress emotionally:
 - According to Blue Star Families' 2020 Military Family Lifestyle Survey, 35% of active duty family respondents and 43% of veteran family respondents report being an unpaid caregiver, commonly for a spouse/partner or a parent or grandparent who is a veteran.
 - 1 in 4 caregivers took a leave of absence to provide care
- **75%** of abuse against older adults involved family members. With effective caregiver support, caregivers will feel less stress which may diminish instances of abuse.

Our Ask

\$6 million to fund the Illinois Family Caregiver Act, an investment in our family caregivers

100% of funds will go towards expanding existing services that will almost double support for:

- Evidence-based assessments that tailor interventions to caregivers' unique needs
- Support services and respite care that provide temporary relief to caregivers
- Hands-on caregiver training, education and stress relief programs
- A wide range of other support for Grandparents & others raising children
- Saves Medicaid dollars by delaying costly nursing home placement


Questions or comments, please contact:

Diane Slezak - Diane.Slezak@AgeOptions.org Susan Real - SReal@eclaaa.org

Reach Out

1 Making the Unworkable: 2019 Update, AARP Public Policy Institute, November 2019 2 AARP Family Caregiving in IL: A Survey of Registered Voters Age 40 and Older, March 2019 3 Ombudsman Program Services Annual Report, fiscal year 2020

Advocacy in Action!









ECIAAA

Live Strong
Age Strong

American Rescue Plan Act Factsheet

During FY 2022 through FY 2024, ARPA funding will make an enormous difference our ability to serve older adults, people with disabilities and their care partners in East Central Illinois. East Central Illinois Area Agency on Aging will use the funding for the following services:


Older Americans Act Title III-B: Access Services \$1,076,039		Reducing Social Isolation: Expand Reducing Social Isolation Pilot Projects to Coles, Clark, and Cumberland Counties Conduct Reducing Social Isolation provider calls semi-annually Increased emphasis on cross-referrals Support 8 current Reducing Social Isolation Pilot Projects	
Coordinated Points of Entry/ Senior Information Services: COVID-19 Vaccine Assistance Expand Options Counseling intake data collection Develop a method to track Info. & Assistance referrals One-Time Staff Retention Awards Sage Training and Certification Mental Health First Aid Training and Certification Legal Assistance Expansion			
Older Americans Act Title III-C: Nutrition Services \$1,465,207		Older Americans Act Title III-D: Evidenced-Based Services \$101,221	
Congregate Meals \$617,232 Home Delivered Meals: \$847,975 Expand Home Delivered Meal Routes Implement Innovative Program Design to enhance dining experiences Offer 2 diet options for congregate and Home Delivered Meal Participants Offer a 2 nd Meal to clients with high nutritional risk One-Time Staff Retention Awards		Expand Chronic Disease Self-Management Program, Matter of Balance, Bingocize, and Aging Mastery Conduct training to offer programs virtually	
Older Americans Act Title III-E: Caregiver Advisory Services: \$302,888		Older Americans Act Title VII: Ombudsman Services \$27,715	
Expand Respite Funding Conduct Powerful Tools Training for Caregiver Advisory Programs Support cost of TCARE for all Caregiver Advisory Program		Additional Training for Ombudsman NORC/ Consumer Voice Pioneer Network SAGE	

Thank you so much for passing this vital funding!

1003 Maple Hill Rd. Bloomington, IL 61705 (309) 829-2065



Advocacy in Action!







ECIAAA

Live Strong
Age Strong



ECIAAA FY2021 Factsheet

ECIAAA plans, coordinates, and advocates for the development of a comprehensive service delivery system for an estimated 190,000 persons 60 years of age and older, persons with disabilities, caregivers, grandparents, and other relatives raising children in communities throughout the 16 counties of East Central Illinois.



23,060 people served through OAA Title III Supported Services

 57,662 Information and Assistance Service Units	 2,106 units of Outreach provided
 Health Promotion provided to 76 Older Adults	 3,101 units of Legal Assistance Provided



Nutrition

 30,374 Congregate Meals served to 1,348 Older Adults	 702,850 Home Delivered Meals served to 5,902 Older Adults
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Family Caregiver Services

Grandparents and Other Elderly Caregivers Serving Children	Caregivers Serving Elderly Individuals
Counseling Support Groups and Training: 236 Caregivers Served	Counseling, Support Groups and Training: 716 Caregivers Served
Supplemental Services: 65 Caregivers Served	Supplemental Services: 148 Caregivers Served
	Respite: 10 Caregivers Served
	

OAA Title VII Elder Justice

 1,671 Adult Protective Services Intakes	 5,127 Long-Term Care Ombudsman Consultations
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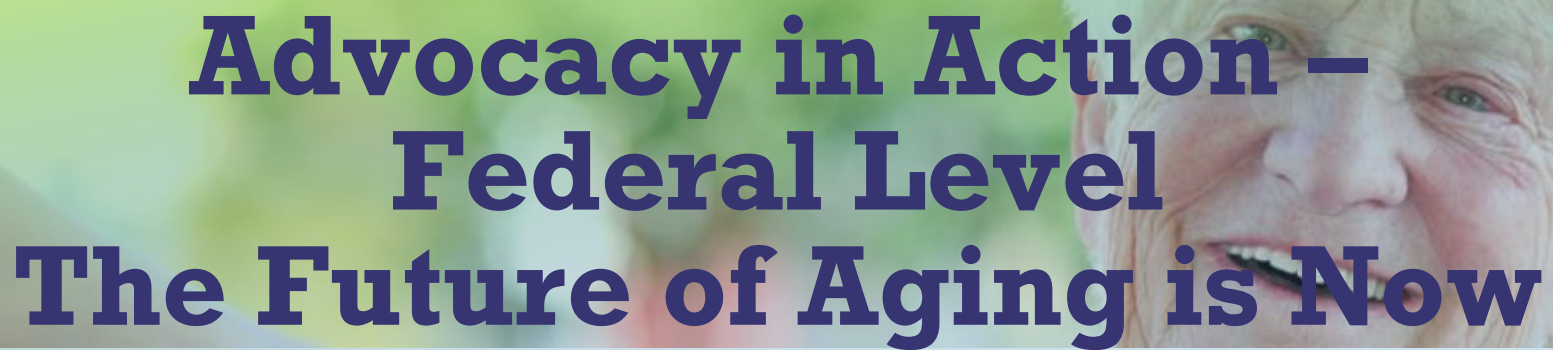
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ECIAAA Advocacy Agenda for FY 2023



- ❖ ECIAAA is the regional focal point for advocacy on behalf of Older Americans, caregivers, and grandparents/relatives raising grandchildren/children in Area 05.
- ❖ ECIAAA is a member of USAging – formerly known as the National Association of Area Agencies on Aging, and the **IAA** - the Illinois Association of Area Agencies on Aging.
- ❖ ECIAAA supports the following advocacy agenda for 2023:




Advocacy in Action – Federal Level The Future of Aging is Now

Invest in Cost-Effective Home and Community-Based Services Role and Impact of Area Agencies on Aging (AAAs):

For nearly 50 years, AAAs have served as local leaders by planning, developing, funding, and implementing local systems of services.

AAAs lead local networks of providers to deliver person-centered services to older adults and – increasingly – to younger adults with disabilities.



Advocacy in Action – Federal Level The Future of Aging is Now

Connect Health Care and Aging Sectors to Improve Care and Reduce Costs:

AAAs play a pivotal role in addressing the social determinants of health and bridging the gaps between acute care, behavioral health and long-term care settings.

The Aging Network has an established local infrastructure that, with needed investments, can successfully support a more holistic health care delivery system.



Advocacy in Action – Federal Level The Future of Aging is Now

Strengthen Systems to Support an Aging America:

AAAs play a pivotal role in ensuring the needs of our nation's most at-risk older adults are met during the pandemic.

AAAs are trusted resources that bring incredible value to older adults, individuals with disabilities, care partners and grandparents/relatives raising grandchildren/children.

Advocacy in Action – Federal Level Proposed FY 2023 Budget

- ❖ OAA Title III B Supportive Services – Increase by 25% to keep pace with the demand for supportive services.
- ❖ OAA Title III C Nutrition Services – Increase by 31% to respond to the increased demand for nutrition services – both congregate and home delivered meals.
- ❖ OAA Title III E National Family Caregiver Support Program – Increase by 29% to support an increased demand in services.



Advocacy in Action – Federal Level Proposed FY 2023 Budget

- ❖ OAA Title III D Evidence-Based Healthy Aging Programs - Increase by 6%.
- ❖ OAA Long-Term Care Ombudsman/Elder Abuse - Increase by 50% to support on-site visitation and post-pandemic in-person contact with residents in long-term care facilities.





Advocacy in Action- State Level

Fund Essential Services for Older Adults During COVID-19

❖ Since the beginning of the COVID-19 pandemic, Illinois' Area Agencies on Aging have:

- ❖ Served 564,425 older adults, a 21% increase from FY2020
- ❖ Increased Home Delivered meals by 706,324 meals/ 6.13%
- ❖ Developed new programs to address Social Isolation, which can be physically and psychologically harmful as disease
- ❖ Assisted an estimated 156,000 older adults in COVID-19 vaccination education, assistance and outreach.
- ❖ Advocated for the recently passed \$4 M funding for Family Caregivers under the IDoA budget

Advocacy in Action- State Level

Strengthen Family Caregiver Support

❖ The Illinois Association of Area Agencies on Aging has requested \$6 million in state funding (HB 293 and SB 1766) to assist family caregivers under the Illinois Family Caregiver Act.

❖ **NEW FUNDING - \$4 M**

The Illinois approved budget for FY 2023 included a new line item for AAAs to strengthen services to caregivers in Illinois.



Advocacy in Action- State Level

❖ **Continue Supporting Essential Services for Older Adults**

- ❖ I4A requested level funding for nutrition programs, social isolation programs, and for Alzheimer's Disease and Related Dementias. During the pandemic, demand for these programs has increased, included the demand for home delivered meals.



Advocacy in Action- State Level

❖ Continue Supporting Essential Services for Older Adults

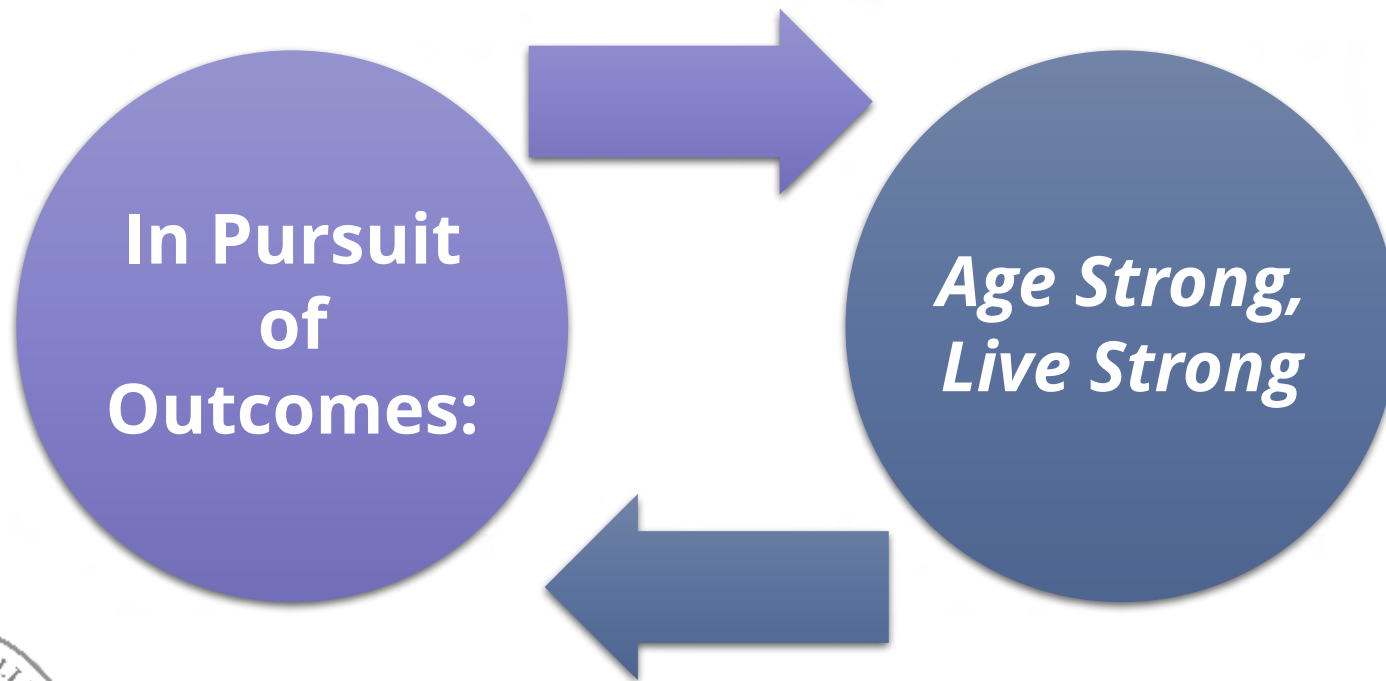
❖ INCREASED FUNDING - \$14.2 M.

The Illinois approved budget for FY 2023 included an increase to meet the increased demands for home delivered meals as a result of the pandemic. AAAs are directed to use this increase to:

1. Expand the provision of cultural/ethnic meals
2. Add medically tailored meals
3. 2 meals per day for older adults at high nutritional risk
4. Expand partnerships with non-traditional meal providers, including restaurants and hospitals.



ECIAAA's Planning & Assessment Process



ECIAAA wants to hear from you!

Have you or someone you know...

Received a home delivered meal?

Received help with a Medicare Part D application?

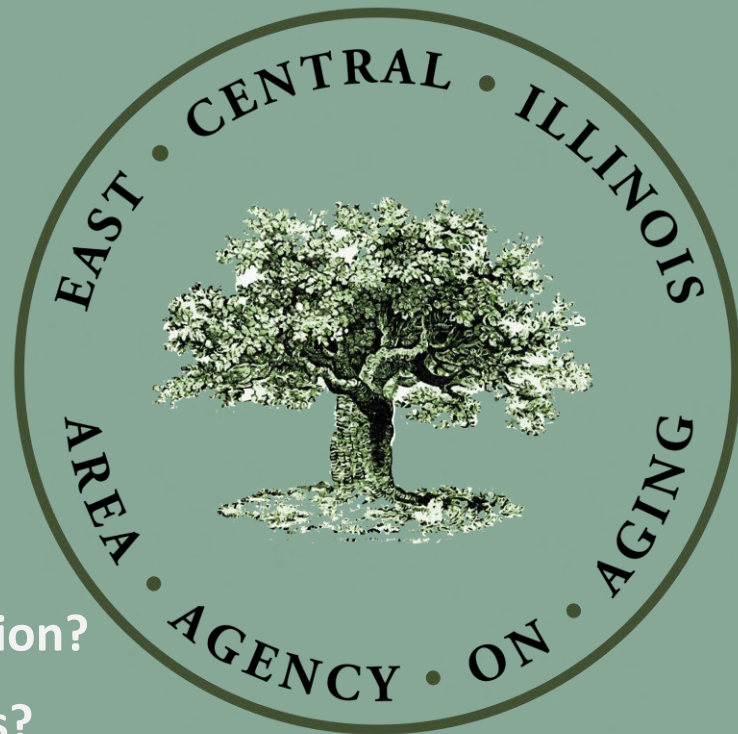
Attended a support group for family caregivers?

Obtained legal assistance to deal with a public housing issue?

Community-based programs serve as a lifeline for older adults, caregivers, grandparents raising grandchildren, and individuals with disabilities. State and federal funding for these services must be preserved and increased.

Your voice is vital and must be heard!

Please join us for your County Conversation on Aging.



Performance Outcome #1 – CPoE/Senior Information Services

Older adults served by Coordinated Points of Entry/Senior Information Services are empowered to engage in services and improve their quality of life

- ❖ The Coordinated Point of Entry/Senior Information Services Program provided by the ECIAAA is resulting in older adults and disabled persons experiencing financial security, peace of mind, independence, and improving their overall health, well-being, and quality of life.



Performance Outcome #2 – Caregiver Advisory Services

Caregivers are supported to enable them to continue caring for their loved ones

- ❖ The caregiver services provided by the ECIAAA are resulting in caregivers and grandparents raising grandchildren (GRG) accessing programs and services to support them in caregiving roles and receiving counseling and/or participating in support groups to better equip them to cope with the responsibilities of caring for their loved ones. Caregiving services enable older adults to continue living in their homes.



Performance Outcome #3 – Nutrition Services

Older adults have improved food security and reduced social isolation

- ❖ Nutrition services provided by the ECIAAA are improving food security, increasing opportunities for socialization, reducing feelings of isolation, helping participants to eat healthier, make better food choices, and improve their health, promoting independence, and enabling older adults to live at home.



Performance Outcome #4 – Legal Services

Older adults receive specialized legal services to address their legal needs

- ❖ Legal services provided by the ECIAAA are promoting the independence and financial stability of older persons by increasing their knowledge and understanding of consumer, legal, medical, and financial rights and responsibilities.



FY 2022- FY 2024 Planning Process County Conversations Summary

ECIAAA Conducted 12 County Conversations from January 19, 2021 through February 2, 2021.

Total Attendees – 216



FY 2022- FY 2024 Planning Process County Conversations Summary

Objective I

Presented the performance results for Older Americans Act Services - Legal, Nutrition, Caregiver Advisory and CPoE/Senior Information Services.



FY 2022- FY 2024 Planning Process County Conversations Summary

Objective II

Obtained input from participants how ECIAAA can improve the OAA services provided, and how ECIAAA can improve OAA service delivery.



FY 2022- FY 2024 Planning Process County Conversations Summary

Objective III

Served as an advocacy platform to inform lawmakers how vital these programs are to their constituents and that Older Americans Act services must be preserved and increased!



FY 2022- FY 2024 Planning Process County Conversations Summary

Questions Asked...



HOW CAN WE IMPROVE THE OAA SERVICES PROVIDED?

HOW CAN WE IMPROVE OAA SERVICE DELIVERY?



FY 2022- FY 2024 Planning Process County Conversations Summary

Reducing Social Isolation Programming:

Participants reported the need to increase services to reduce social isolation among older adults throughout east central Illinois.



FY 2022- FY 2024 Planning Process County Conversations Summary

Senior Information Services/Coordinated Points of Entry (SIS/CPoE)

1. Service Providers and participants support the current SIS/CPoE Service Program Design as originally implemented by ECIAAA in FY 2011, which was continued in subsequent ECIAAA Request for Proposals (RFP) cycles.
2. Increased federal and state funding is needed to respond to the increased demand for services. Participants reported the need for additional funding for Options Counseling services to respond to the increased demand for services.
3. Participants reported the need for additional Flexible Senior Services (AKA gap filling services) to respond to the increased demand in services.



FY 2022- FY 2024 Planning Process County Conversations Summary

Senior Information Services/Coordinated Points of Entry (SIS/CPoE)

4. Participants reported the need to support older adults register for the COVID-19 vaccine appointments and provide transportation to obtain the vaccine.
5. Participants reported the need for a consistent technology fund to purchase tablets/iPads, smart phones, and improved internet connectivity access for older adults.
6. Participants reported the need to add friendly caller programs and other reducing social isolation programming to the menu of services offered by Coordinated Points of Entry/Senior Information Services.



FY 2022- FY 2024 Planning Process County Conversations Summary

Senior Information Services/Coordinated Points of Entry (SIS/CPoE)

7. Participants reported SHIP Counselors provide many important services that are not available online or through IDOA's Senior Helpline.
8. Participants reported that individuals with disabilities continue to be a large portion of the SIS customer base. Continue shifting resources from SIS to SHAP and Options Counseling to address the demand for services.
9. Ethnic diversity is increasing in all communities – ECIAAA needs to ensure services are targeting diverse groups.



FY 2022- FY 2024 Planning Process County Conversations Summary

Caregiver Advisory Services

1. Participants reported that caregivers appreciate the Flexible Senior Services (AKA) gap filling services and Alzheimer's Disease and Related Dementias Gap Filling Services implemented by ECIAAA.
2. Participants reported the continued need to offer online support groups and online Evidence-Based Healthy Aging classes, such as Chronic Disease Self-Management Programs, Diabetes Self-Management Programs, Matter of Balance, Savvy Caregiver and Stress Busting programs.



FY 2022- FY 2024 Planning Process County Conversations Summary

Caregiver Advisory Services

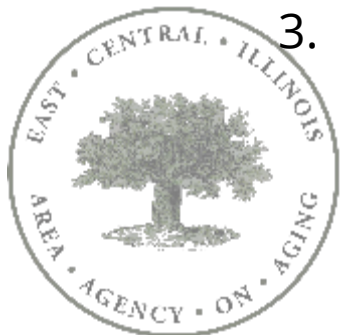
3. Participants reported challenges in conducting virtual caregiver support services due to spotty internet connectivity. Reported the need for more resources to support access to technology.
4. Reported that many caregivers respond well to virtual programming, such as support groups, due to not having to find substitute care for the care recipients.
5. Participants reported the need to better promote Caregiver Advisory Services for family/informal caregivers and grandparents/relatives raising grandchildren/children in rural areas.
6. Participants reported the need for increased funding for the ECIAAA-funded Caregiver Advisory Program in counties experiencing ever increasing demand.



FY 2022- FY 2024 Planning Process County Conversations Summary

Nutrition Services

1. Service Providers and participants reported no recommendations for changes to the current service delivery design for Nutrition Services as originally implemented by ECIAAA in FY 2015, which was continued in subsequent ECIAAA Request for Proposals (RFP) cycles including the upcoming ECIAAA RFP cycle.
2. Participants reported the pressing need to reinstate congregate nutrition sites once it is safe for older adults, post COVID-19 pandemic.
3. Service providers and participants reported that the nutritional needs of rural elders must be met.



FY 2022- FY 2024 Planning Process County Conversations Summary

Nutrition Services

4. Participants reported that during post COVID-19 pandemic, more attention needs to be given to increasing nutrition participation in Livingston County.
5. Participants reported that due to the pandemic, the demand for home delivered meals has increased (ECIAAA area-wide by 70% during FY 2020) and funding must be increased to sustain services to address this increased demand.
6. Due to continued increases in state and federal funding to support home delivered meals, the need to eliminate the OAA federal funds transfer from the Congregate Meals (C1) allocation to Home Delivered Meals (C2) has been identified.



FY 2022- FY 2024 Planning Process County Conversations Summary

Legal Services

1. Service Providers and participants support the current Legal Assistance for Older Adults Service Program Design as originally implemented by ECIAAA that has been established in subsequent ECIAAA Request for Proposals (RFP) cycles, including the ECIAAA RFP cycle for FY 2019 – FY 2021.
2. Participants reported the need to reach homebound older adults needing legal assistance.





FY 2022- FY 2024 Planning Process County Conversations Summary

Legal Services

3. Legal Service providers reported the consideration to cover lawsuit filing fees.
4. Participants reported the need to better promote services to older adults needing legal assistance.
5. Participants reported the need to increase funding to legal assistance providers to meet the demand for legal services for older adults.

Statewide Initiative

Enhance Illinois' Existing Community-
Based Service
Delivery System to Address Social
Isolation among Older Adults



Measuring Reducing Social Isolation (RSI) with the UCLA Loneliness Scale

The UCLA Loneliness Scale comprises of 3 questions that measure three dimensions of loneliness: relational connectedness, social connectedness, and self-perceived isolation. The questions are:

1. How often do you feel that you lack companionship?
2. How often do you feel left out?
3. How often do you feel isolated from others?

How to answer and score results:

- Hardly ever = 1 score
- Some of the time = 2 score
- Often = 3 score

How to add and interpret score total:

- 3 to 5 = not lonely
- 6 to 9 = lonely



Reducing Social Isolation

UCLA Loneliness Scale

UCLA Loneliness Scale Report YTD FY 2022

UCLA Loneliness Scale	3	4	5	6	7	8	9	Total
Individuals Pre-Tested	9%	10%	19%	14%	19%	15%	14%	152
Individuals Post-Tested	31%	24%	9%	13%	12%	10%	2%	94

152 Individuals Pre-Tested

94 Individuals Post-Tested

- ❖ 18% of participants reported Pre-test scores of 3 or 4 “Least Lonely”
- ❖ 55% of participants who received a Post-Test reported “Least Lonely”
- ❖ Conversely, 30% of participants reported Pre-test scores of 8 or 9 “Most Lonely”
- ❖ 12% of participants reported Post-test scores of “Most Lonely”



Champaign County Reducing Social Isolation CRIS Healthy Aging

- ❖ CRIS Healthy-Aging
- ❖ Serving Champaign County as well as Vermilion County
- ❖ Utilization of smart screen/speaker technology to reduce feelings of loneliness and social isolation
- ❖ Partnerships: University of Illinois CHART



Champaign County Reducing Social Isolation Family Service- Senior Resource Center

Friendly Callers

Telephone Reassurance Program

- ❖ Partnership with Family Service Retired Senior Volunteer Program (RSVP)
- ❖ Expanded partnerships: OSF Heart of Mary, Peace Meal, Circle of Friends, Parkland College, CPL
- ❖ Program Design



McLean County: Normal Township Activity and Recreation Center (ARC)



ARC Reducing Social Isolation Pilot Project:

- When a member is temporarily homebound due to a sickness injury, or death in the family, the member can easily feel alone and disconnected from the ARC community.
- The ARC Sunshine Program works to reduce the sense of isolation in homebound ARC members. It is a community building program designed to provide a home visit from other ARC members and a “goody basket” with variety of items to help the homebound member be comfortable during their absence, recovery, or grief from the loss of a partner.





McLean County Reducing Social Isolation CCSI- Case Coordination LLC

- CCSI RSI Project targeted to vulnerable populations in McLean County – specifically the Hispanic and ESL - English as a Second Language Populations

Partnership with the Immigration Project

- Started June 2021, Every month, First Wednesdays, 8:00 am – 10:00 am
- Facebook Live Streams translated to Spanish for CCSI Services & SFMNP

Partnership with Western Avenue Community Center, Bloomington

- Started October 2021, Every month, Third Mondays, 1:00 pm - 4:00 pm
- CCSI Overview Presentation September 9th to Senior Bingo Group Introducing Outreach

Macon County Reducing Social Isolation Catholic Charities & DOVE

- ❖ Catholic Charities' mission is to reduce social isolation by making purposeful matches of volunteers and clients to engage in meaningful relationships, conversations and activities.
- ❖ Catholic Charities' partners with the DOVE Retired Senior Volunteer Program to:
 - ❖ Conduct Friendly Calls
 - ❖ Conduct Friendly Visits
 - ❖ Distribute Activity Boxes



Macon County Starting Point and Decatur Public Library – Technology Project

- ❖ Starting Point at the Macon County Health Department is partnering with the Decatur Public Library to:
 - ❖ Assist clients in preventing, reducing and/or eliminate social isolation and loneliness by providing an iPad or Android tablet;
 - ❖ Starting Point provides the “case management” to sign clients up and get the devices in their hands;
 - ❖ The Decatur Public Library assists the client in learning how to use the device; and
 - ❖ UCLA Loneliness Scale used to assess progress of the pilot project.



Coles County RSI Planning Committee

- ❖ ECIAAA is expanding into Coles County – to include Cumberland and Coles Counties.
- ❖ RSI Planning Committee met on April 21, 2022
- ❖ **Members include:**
 - ❖ LifeSpan Center
 - ❖ Peace Meal Senior Nutrition sponsored by Sarah Bush Lincoln Health Systems
 - ❖ Eastern Illinois University
 - ❖ University of Illinois Extension
 - ❖ ECIAAA Corporate Board member



Local Initiative

Healthy Aging

Helping Older Adults Manage Chronic
Health Conditions



PEARLS- Program to Encourage Active and Rewarding Lives –

- ❖ An evidence-based program integrated into Gerontological Counseling and designed to reduce depression in physically impaired and socially isolated older adults.
- ❖ Service Area-McLean, DeWitt and Champaign Counties
- ❖ Providers- CCSI, Family Service



CDSMP/DSMP- Chronic Disease Self-Management and Diabetes Self-Management-

- ❖ A 6-week evidence-based program that has shown participant improvement in exercise, cognitive symptom management, communication with physicians and self-reported general health.
- ❖ Service Area- Champaign, McLean, DeWitt, Livingston, Macon Counties
- ❖ Providers- Family Service, CCSI, Starting Point-Macon County Health Department



A Matter of Balance

- ❖ Consists of an eight-session program producing significant improvements for participants in falls preventions, falls control, level of exercise and social limitations regarding concern about falling. These measures all indicate the program is successful in reducing the fear of falling.
- ❖ Service Area- Champaign, Cumberland, DeWitt, McLean, Macon, Moultrie, Piatt, and Shelby
- ❖ Providers- Family Service, Life Center, CCSI, Catholic Charities



Aging Mastery

- ❖ Consists of a 10-topic curriculum that features fun and engaging educational sessions designed to produce behavioral incentives for aging well. Topics include exercise, nutrition, finances, advance care planning, community engagement and healthy relationships.
- ❖ Service Area- Vermilion and Champaign Counties
- ❖ Providers- CRIS Healthy-Aging Center





Stress Busting

- ❖ Consists of a nine-session class providing support for family caregivers of persons with Alzheimer's Disease and Related Dementias or persons with cancer or chronic disease or illness. The Stress-Busting Program has been proven to reduce stress, anxiety and anger and improve caregiver quality of life.
- ❖ Service Area- PSA 05
- ❖ Providers- All Nine Caregiver Advisory providers
- ❖ Projected Funding- ECIAAA plans to allocate a portion of the \$71,700 in Alzheimer's Disease and Related Dementia Special Project.



Bingocize®

- ❖ A 10-week, evidence-based health promotion program approved through the National Council on Aging (NCOA). Bingocize® combines exercise and health information with the familiar game of bingo, which has shown to be a great, fun way to get seniors moving and socializing. It's meant to be played twice a week on nonconsecutive days, and each session usually lasts 45-60 minutes. It can implement remotely or in traditional face-to-face setting.
- ❖ Service Area – McLean, DeWitt, Cumberland, and Macon
- ❖ Providers- CCSI, Life Center and Catholic Charities

Local Initiative

DEMENTIA FRIENDLY AMERICA (DFA) COMMUNITIES



ECIAAA Action Steps - DFA Community(ies)

- ❖ Partner with the Illinois Cognitive Resources Network (ICRN) to establish at least one dementia friendly community in each PSA by 2024 that currently does not have a community with this designation
- ❖ Partner with the ICRN to increase the number of dementia friendly communities by one in each PSA with existing dementia friendly communities.



ECIAAA Action Steps - DFA Community(ies)

- ❖ Partner with the ICRN to fulfill the requirements for inclusion on the national registry of dementia friendly communities.
- ❖ Utilize the available resources and instructions found at www.dfamerica.org and/or create tools and resources as needed.
- ❖ Promote Alzheimer's Disease Related Dementia services and interventions: Savvy Caregiver, Stress Busting for Caregivers, and/or Supportive Gap Filling Services with the goal of increasing participation by 3%.



ECIAAA Budget Assumptions for FY 2023 - Illinois

**THE ILLINOIS GENERAL ASSEMBLY APPROVED THE FY 2023
BUDGET ON APRIL 9, 2022 WHICH INCLUDES:**

1. \$14.2 M increase for the expansion of the home delivered meals to
 - a. expand cultural/ethnic meals
 - b. add medically tailored meals
 - c. provide two meals per day for older adults at high nutritional risk
 - d. expand partnerships with non-traditional meal providers, including restaurants and hospitals.
2. \$4 M in new funding to support current Illinois Family Caregiver & Grandparents/Relatives Raising Grandchildren/Children programs (receiving OAA Title III E funding).



ECIAAA Budget Assumptions for FY 2023

3. The IL approved budget includes \$ 1 M to sustain Reducing Social Isolation programming launched by AAAs during FY 2020, FY 2021, FY 2022
4. The IL approved budget includes \$ 1 M to sustain Alzheimer's Disease and Related Dementias programming launched by AAAs during FY 2020, FY 2021, FY 2022.





ECIAAA Budget Assumptions for FY 2023

5. ECIAAA must comply with a federal Administration on Aging (AoA) requirement that requires all Title III-D funds be used to fund evidence-based services that comply with ECIAAA must comply with federal Older Americans Act statutory obligations to fund categorical or specified services, e.g., III-B Support Services – including Legal Assistance, III-C Nutrition Services – including Congregate and Home Delivered Meals, and Title III-E Caregiver Support Services – which includes Caregiver Advisory and Respite Services.
6. AoA's Highest Level Criteria must be met for Healthy-Aging/Evidenced Based Programs.
7. OAA allows an AAA to apply for 10% of total Title III-B and Title III-C for the cost of administration.

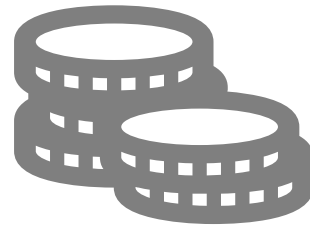
ECIAAA Budget Assumptions for FY 2023

8. An AAA will apply for Title III-B funds for the cost of administrative-related direct services including advocacy, program development, and coordination.
9. ECIAAA must stay within the 15% transferability of the AAA's allotment for III-B and III-C. If transfers exceed these required limits, the AAA must submit an acceptable justification to IDOA for the higher amount.



Contingency Planning

- ❖ In case of any contingency involving an increase or a decrease in federal and/or state funds, ECIAAA will comply with the intent of Congress and the Illinois General Assembly, and/or administrative directives from the Administration for Community Living/Administration on Aging and the Illinois Department on Aging.

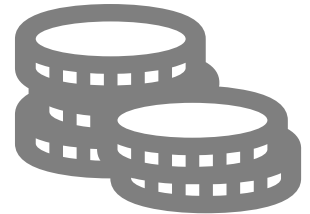


- ❖ If the planning allocation is reduced for a specific revenue source, then funds would be reduced for programs and services which are directly related to that revenue source.



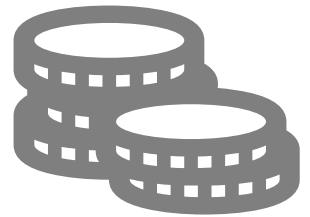
Contingency Planning

- ❖ ECIAAA will give highest priority to sustain or increase federal OAA and State GRF funds for supportive services under the Area Plan for Coordinated Points of Entry/Senior Information Services, second priority to Legal Assistance, and third priority to evidence-based health aging programs.
- ❖ ECIAAA will adjust inter-fund transfers among OAA Titles III-B and C1 to sustain Coordinated Points of Entry/Senior Information Services if necessary and feasible.



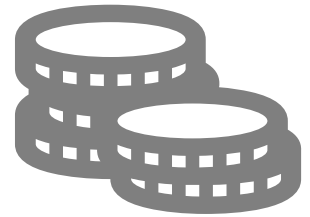
Contingency Planning

- ❖ ECIAAA will use additional GRF for home delivered meals to sustain current meal levels, keep pace with rising costs, and respond to increased demand for meals if feasible.
- ❖ Caregiver Advisory Services will be given the highest priority for OAA Title III-E funds. If ECIAAA receives cuts in federal funds for OAA Title III-E, the Agency will reduce expenditures for Respite Services.



Contingency Planning

- ❖ ECIAAA will use additional state funds for the LTC Ombudsman Program to comply with statutory requirements and program standards.
- ❖ ECIAAA will evaluate the impact of proposed cuts in federal and/or state funds on programs and services targeted to older adults and caregivers in greatest social and economic need, especially vulnerable older adults who need assistance due to limitations in their ability to carry out activities of daily living and/or being at risk due to abuse, neglect or financial exploitation.



ECIAAA FY 2023 BUDGET SUMMARY

Source	FY 2023 Allocation
Federal Funds	\$3,971,232
Federal Carry Over Funds	\$184,205
State Funds	\$4,318,067
Other	\$256,957
Total	\$8,732,101

Allowable Inter-Fund Transfers:

Transfer \$188,562 out of Title III-C1 to Title III-B



ECIAAA Internal Operations

Service	FY 2023 Allocation
Administration	\$535,909
Administratively Related Direct Services Title III-B Advocacy, Coordination, & Program Development	\$543,714
Regional Ombudsman Program	\$461,690
Title VII Ombudsman	\$5,465
Title VII- Elder Rights	\$1,869
TOTAL:	1,548,977

FY 2023 FUNDING ALLOCATIONS

- ❖ \$7,784,168 ----FY 2023 Funding Allocations To Service Providers Contained In The FY 2023 Public Information Document (PID)
- ❖ \$6,764,118 ---- FY 2022 Funding Allocations To Service Providers Contained In The FY 2022 Public Information Document (PID)
- ❖ Increase Of \$1,020,050 ---- Increase Of 15%



Coordinated Point of Entry/ Senior Information Services

Service	FY 2023 Allocation
CPoE/SIS	\$1,329,707
Options Counseling (Demonstration Projects)	\$52,530
Total	\$1,382,237

NOTE: The ECIAAA Funding Formula will include a base of \$35,000 per county. The remaining share will be distributed on the formula share per county.



Caregiver Advisory Services

Service	FY 2023 Allocation
Caregiver Advisory Services – Caregivers and Grandparents/Relatives Raising Grandchildren/Children	\$680,162

NOTE: FY 2023 Allocation reflects an increase of 70% in funding compared to FY 2022 due to new Illinois State Funds for Illinois Family Caregiver Support Programs approved by the Illinois General Assembly. ECIAAA Funding Formula will include a base of \$5,250 per county. The remaining share will be distributed on the formula share per county.



Caregiver – Respite Services

Service	FY 2023 Allocation
Respite Services	\$16,000

NOTE: ECIAAA Funding Formula will include a base of \$500 per county. The remaining share will be distributed on the formula share per county. The FY 2023 Allocation reflects an increase of 16% when compared to FY 2022.



Nutrition Services

Service	FY 2023 Allocation
Congregate Meals- IIIC1	\$875,674
Congregate Meals- IIIC1 NSIP	\$52,973
Total	\$928,647



Nutrition Services

Service	FY 2023 Allocation
Home Delivered Meals – IIIC2	\$598,132
Home Delivered Meals – IIIC2 NSIP	\$459,834
Home Delivered Meals – GRF	\$3,233,371
Total	\$4,291,377

NOTE: Due to increase in Illinois State Funds, Total reflects a **17.5% increase** in funding when compared to FY 2022



Legal Services & Healthy Aging- Evidenced Based Services

Service	FY 2023 Allocation
Legal Services	\$102,051 (III-B) <i>NOTE: Allocation reflects an increase of 7%</i>
Chronic Disease Self-Management, Diabetes Self-Management	\$18,000 (III-D)
Aging Mastery	\$5,746 (III-D)
Matter of Balance/Bingocize®	\$31,958 (III-D)
Gerontological Counseling - PEARLS	\$41,700 (IIIB)



2023 ILLINOIS MINIMUM WAGE SUPPORT – SIS/CPOE and Nutrition Providers

FY 2023 ALLOCATIONS INCLUDE:

- ❖ \$123,885 in Illinois State funds to support Senior Information Services (SIS) / Coordinated Points of Entry (CPOE) Providers to address the minimum wage increase from \$12 to \$13 for calendar year 2023.
- ❖ \$101,361 in Illinois State funds to support Nutrition Providers to address the minimum wage increase from \$12 to \$13 for calendar year 2023.



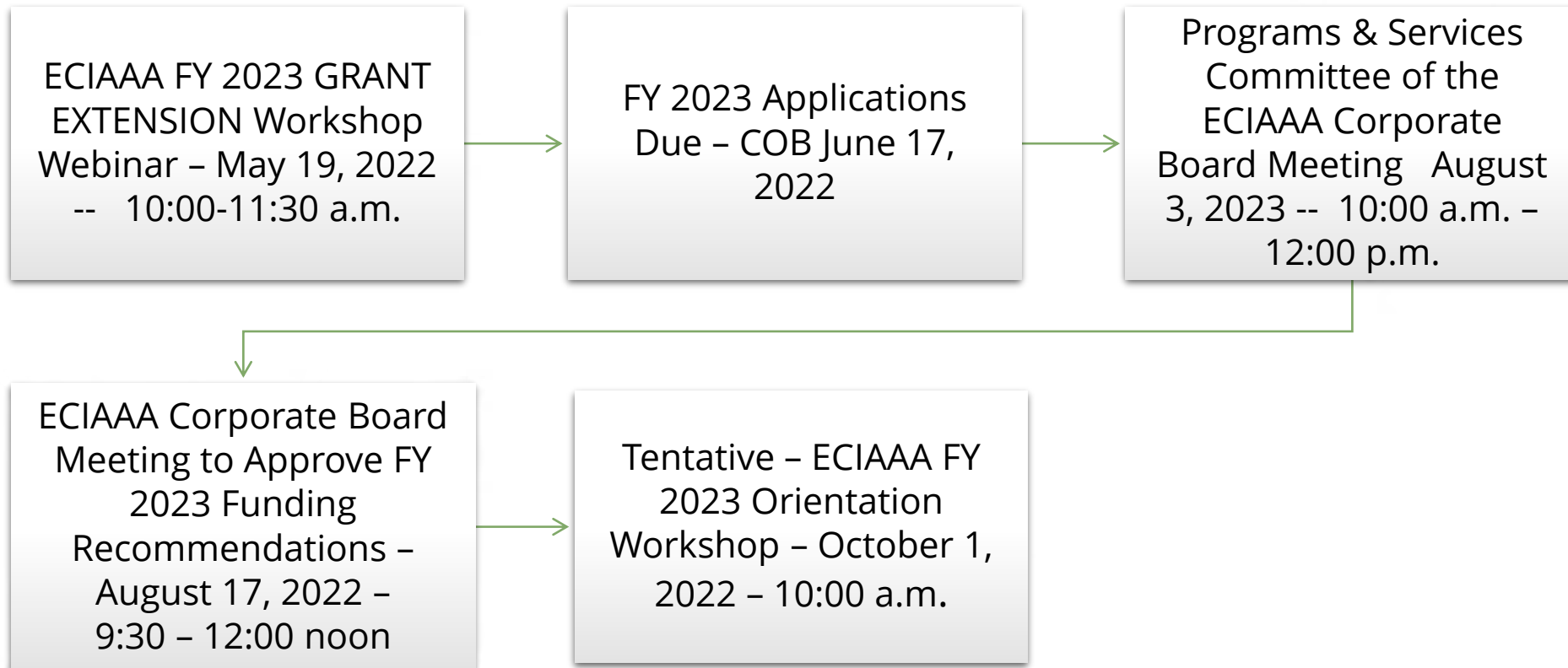
IMPORTANT ANNOUNCEMENT

FY 2023 ECIAAA GRANT EXTENSION WORKSHOP

GoToWEBINAR – 10:00 AM on MAY 19, 2022



Request for Proposal Process FY 2023 Grant Extension Process



Questions?



Thank You!

- ❖ Please send your comments to the attention of:
- ❖ Susan C. Real, Executive Director
- ❖ ECIAAA
- ❖ email: sreal@eciaaa.org
- ❖ Telephone: Work – 309-829-2065 ext. 1218
- ❖ Telephone: Cell – 309-533-3232

OR

- ❖ Comments/ Questions Google Form

https://docs.google.com/forms/d/e/1FAIpQLScmMtvOHC0QLb4xg9nH5-5adacN6bVHxtrmGEzuap9sxf0kew/viewform?usp=sf_link

