

Family Caregiver and Grandparent Raising Grandchildren Support Groups

(Revised 3-9-23)

CHAMPAIGN COUNTY

Contact Clayton Harmening at 217/355-1543, clayton.harmening@crishealthyaging.org or Skye Satz at 217/355-1543 or skye.satz@crishealthyaging.org for more information.

CLARK COUNTY

Contact Kathy Pattenau, Caregiver Advisor, Life Center of Cumberland County at 217/849-3965 or lifecentercaregiver@gmail.com for more information.

Coles County

Parkinson's Support Group

Last Tuesday of month, 1:00 p.m.

Coles County Council on Aging, LifeSpan Center

11021 E. County Rd., 800 N.

Charleston, IL

Contact Anna True at 217/639-5150 ext. 5161 or antrue@lifespanspancenter.org for more information and registration.

Memory Loss Support Group

2nd Thursday of month, 11:00 a.m.

Odd Fellow-Rebekah Home-Harmony Center

201 Lafayette Ave E.

Mattoon, IL

Contact Anna True at 217/639-5150 ext. 5161, antrue@lifespanspancenter.org or Darcy Bone at 217/235-5449 for more information and registration

Cumberland County

Contact Kathy Pattenau, Caregiver Advisor, Life Center of Cumberland County at 217/849-3965 or lifecentercaregiver@gmail.com for more information.

DeWitt County

Warner & CCSI Caregiver Support with the Alzheimer's Association

2nd Monday of month, 12:00 p.m.

Warner Hospital Wellness Center

418 W. White St.

Clinton, IL

Contact Angie Raymer at 309/661-6400 ext. 106 or angie.raymer@ccsiccu.com for more information.

Douglas County

Caregiver Support Group

Open to all - both English and Amish welcome

2nd Thursday of month, 9:00 a.m.

Arthur Public Library

225 S. Walnut St.

Arthur, IL

Contact Kimberly Weber at 217/728-8521 or kimberly7088@gmail.com for more information

Edgar County

Caregiver Support Group

3rd Wednesday of month, 3:30 p.m.

Horizon Health Hospital

721 E. Court St.

Paris, IL

Contact Judy Barrett at 217/465-8143 or judy.56@frontier.com for more information.

Grandparent Raising Grandchildren Support Group

4th Wednesday of month, 4:30 p.m.

Chester P. Sutton Community Center for Seniors of Edgar County

256 W. Court St.

Paris, IL

Contact Judy Barrett at 217/465-8143 or judy.56@frontier.com for more information

Ford County

Contact Becky Beck, Caregiver Advisor, Ford County Public Health Department at 217/379-9281 ext.325 or bbeck@fordcountyphd.org for more information.

Iroquois County

Contact Becky Beck, Caregiver Advisor, Ford County Public Health Department at 217/379-9281 ext.325 or bbeck@fordcountyphd.org for more information.

Livingston County

Grandparents Raising Grandchildren Support Group

3rd Tuesday of month, 4:00 p.m.

Pontiac Public Library

211 E. Madison St.

Pontiac, IL

Contact Sandy Baker at 815/844-2272 or sandy.baker@ccsiccu.com for more information

Macon County

Virtual Caregiver Support Group

4th Tuesday of month, 10:00 a.m.

Held virtually through TEAMS invitation.

Contact Becky Stewart or Sally Williams at 217/423-6550 to register.

Macon Memories Memory Café

2nd and 4th Mondays of month, 1:00 p.m.

Eagle Ridge of Decatur lower-level activity room

875 W. McKinley

Decatur, IL

Contact Becky Stewart or Sally Williams at 217/423-6550 for more information.

McLean County

ARC Caregiver Support with the Alzheimer's Association

1st Wednesday of month, 2:00 p.m.

Activity and Recreation Center (ARC)

600 E. Willow

Normal, IL

Held in the upper-level Celebration Room

Zoom if not in-person: <https://us06web.zoom.us/j/89693567735> - Meeting ID: 896 9356 7735

Contact Angie Raymer at 309/661-6400 for more information.

Caretakers Path Caregiver Support Group

Last Wednesday of month, 5:30 p.m.

OSF Medical Center

1701 E. College Ave.

Bloomington, IL

In the lower-level conference room

Zoom if not in-person: <https://us06web.zoom.us/j/95116246535> - Meeting ID: 951 1624 6535

Contact Angie Raymer at 309/661-6400 for more information.

Grandparents Raising Grandchildren Support Group

2nd Wednesday of month, 5:15 p.m.

CCSI Office

3601 G.E. Rd., Ste. 2

Bloomington, IL

Zoom if not in-person: <https://us06web.zoom.us/j/86421655260> - Meeting ID: 864 2165 5260

Contact Angie Raymer at 309/661-6400 for more information.

Moultrie County

Caregiver Support Group

Open to all - both English and Amish welcome

2nd Thursday of month, 9:00 a.m.

Arthur Public Library

225 S. Walnut St.

Arthur, IL

Contact Kimberly Weber at 217/728-8521 or kimberly7088@gmail.com for more information

Piatt County

CALM – Caregivers: Advising, Learning, and Mentoring

2nd Wednesdays of month, 1:00 p.m.

Kirby Medical Center

1000 Medical Center Dr.

Monticello, IL

Contact Marsha Townsend or Avi Laird at 217-352-5100 for more information

SMART – Stressbusters: Movement, Activities, and Resource Team

April 5 – May 21, 2023, and future TBA

Kirby Medical Center

1000 Medical Center Dr.

Monticello, IL

Contact Marsha Townsend or Avi Laird at 217-352-5100 for more information

SAVVY - Seniors Assisting Valued and Vibrant Youth

TBA – Contact Marsha Townsend or Avi Laird at 217-352-5100 for more information.

Grandparents Raising Grandchildren group in Piatt County – New Group starting in 2023.

Shelby County

Contact Kim Weber, Caregiver Advisor, Mid-Illinois Senior Services, Inc. at 217/728-8521 or kimberly7088@gmail.com for more information.

Vermilion County

The “36-Hour Day” Book Club/Support Group

1st & 3rd Wednesday of month, 1:00 p.m.

CRIS Healthy Aging Center

309 N. Franklin St.

Danville, IL

Contact Michael Courtwright at 217/443-2999 or michael.courtwright@crishealthyaging.org to register and receive a copy of “36-Hour Day”

Caregiver's Support Group

2nd Wednesday of month, 1:00 p.m.

CRIS Healthy Aging Center

309 N. Franklin St.

Danville, IL

Contact Michael Courtwright at 217/443-2999 or michael.courtwright@crishealthyaging.org or Valarie Shelton at 217/443-2999 or valarie.shelton@crishealthyaging.org for more information

Grandparent's Raising Grandchildren Support Group

4th Wednesday of month, 1:00 p.m.

CRIS Healthy Aging Center

309 N. Franklin St.

Danville, IL

Contact Michael Courtwright at 217/443-2999 or michael.courtwright@crishealthyaging.org or Valarie Shelton at 217/443-2999 or valarie.shelton@crishealthyaging.org for more information