

DeWitt County Friendship Center
410 East Main Street
Clinton Illinois 61727

Non Profit Permit #1
U S Postage Paid
Clinton Illinois 61727

RETURN SERVICE REQUESTED

ECIAAAA

JUN 01 2020

RECEIVED

ECIAAA
1003 MAPLE HILL RD
BLOOMINGTON IL 61705

6170539901 R021



2020

DEWITT COUNTY FRIENDSHIP CENTER PRESENTS

Charleston



INCREDIBLE PRICE INCLUDES:

- ◆ Motorcoach transportation
- ◆ 6 nights lodging including 4 consecutive nights in the Charleston area
- ◆ 10 meals: 6 breakfasts and 4 dinners
- ◆ Horse and Carriage Tour of Charleston
- ◆ Relaxing Harbor Cruise in Charleston
- ◆ Visit to Famous and Historic Middleton Place
- ◆ Guided Tour of Charleston
- ◆ Tour of a Historic Charleston Home
- ◆ Visit to Magnolia Plantation and Gardens

\$785 *

7 DAYS 6 NIGHTS

PER PERSON, DOUBLE OCCUPANCY

(Sun - Sat)

October

11 - 17, 2020

For more pictures, video and information visit:
www.GroupTrips.com/DewittCountyFriendshipCenter

Departure: United Methodist Church, 308 E Main St, Clinton, IL @ 8 am

Day 1: Depart your group's location in a spacious, video and restroom equipped motorcoach as you head for your destination: Charleston, South Carolina! This evening you will stay at an en route hotel.

Day 2: Enjoy a Continental Breakfast. Today you will continue your journey, then enjoy a leisurely Dinner and check into a Charleston area hotel for a four night stay.

Day 3: After a Continental Breakfast, you'll head to historic Middleton Place. This impressive attraction contains 65 acres of America's oldest landscaping. After each member receives their welcome map, you'll experience the garden, animal stables, the Chapel, Rice Mill, and more! After lunch on your own and free time in Downtown Charleston, you'll enjoy a scenic Harbor Cruise. Enjoy the beauty of the Charleston Harbor and learn the rich history of the 'Holy City'. During this scenic and relaxing tour, you will see dozens of landmarks and points of interest as hundreds of years of history is covered. This evening, enjoy Dinner before heading back to your hotel for a good night's rest.

Day 4: After a Continental Breakfast, you'll head to Magnolia Plantation and Gardens. In addition to experiencing their award winning gardens, your group will also receive a tour of the Plantation's historic house. Later, you'll enjoy a Horse and Carriage Ride of Charleston. Experience 25-30 blocks of Charleston's historic downtown district. During your tour, you'll see houses, gardens, mansions, churches, parks, and more. Learn about buildings, history, architecture, flora, and the people that make up Charleston! This evening, enjoy Dinner before heading back to your hotel for a good night's rest.

Day 5: After a Continental Breakfast, you'll enjoy both a Guided Tour of Charleston and an intimate tour inside a Historic Charleston Home. Afterwards, you'll visit the Charleston Tea Plantation. At this unique plantation, your group will take a factory tour and see how tea is made, including free samples. A highlight of your tour of this incredible attraction. This evening, enjoy Dinner before heading back to your hotel for a good night's rest.

Day 6: Enjoy Continental Breakfast before you head for The South Carolina State Museum located in Columbia, South Carolina. This state-of-the-art facility features four floors of permanent and changing exhibits, a new digital dome planetarium, 4D interactive theater and an observatory. Tonight, you'll relax in an en route hotel.

Day 7: Enjoy a Continental Breakfast before departing for home... a perfect time to chat with your friends about all the fun things you've done, the great sights you've seen and where your next group trip will take you!

ADD PEACE OF MIND TO YOUR TRIP...
With Diamond Tours Exclusive Travel Confidence Protection Plan if you have to unexpectedly cancel or cut your plans short. See back for details...

\$75 Due Upon Signing. *Price per person, based on double occupancy. Add \$315 for single occupancy.
Final Payment Due: 11/4/2020

FOR INFORMATION & RESERVATIONS CONTACT:

Paula Jiles @ (217) 935-9411

Diamond Tours inc.
Bringing Group Travel to a Higher Standard®

File Setter of Travel Ref No. 0712/073

Form ID: 6400-7H

WM

Tour#: 1692811



Tour Charleston by Horse and Carriage



Cruise Around Charleston Harbor



Visit Middleton Place and Gardens



Tour Historic Magnolia Plantation



BIRTHDAYS THIS MONTH

MAY

- MARY LOU WEIKEL - 5/4
- DONNA RIDDLE - 5/4
- HARRELL ELLIS - 5/5
- SANDY GLENN - 5/5
- DIXIE LOBB - 5/7
- KATHY MARTIN - 5/8
- SHARON DUNAKEY 5/10
- PAUL DUNAKEY - 5/15
- MERLINE HARTNESS - 5/20
- DARLA CUTRIGHT - 5/20
- CARLEY PREWITT - 5/24
- ALENE DOUGLAS - 5/28
- EVELYN WILSON - 5/31

JUNE

- SHIRLEY KRALL - 6/2
- LOIS MERRIELL - 6/10
- JOSEPHINE SHORT - 6/13
- CONNIE MILLER - 6/16
- NANCY PRIMEAUX - 6/20
- IDA RUEGER - 6/23
- WILMA SYMPSON - 6/28
- GEORGE BUCHANAN - 6/28
- LINDA WILSON - 6/29
- CAROLYN BRAGG - 6/30

IF YOU ARE NOT ON OUR BIRTHDAY LIST & WOULD LIKE TO BE PLEASE CALL US @ 217-935-9411

**COME TO THE FRIENDSHIP CENTER
TO EXERCISE!**

**EACH WEDNESDAY AT 8:15 AM
JOIN US FOR SENIOR YOGA**

JUNE 10, 17, 24

**YOGA CAN HELP REGAIN BALANCE, INCREASE
FLEXIBILITY, REDUCES ACHES AND PAINS, AND
LEAVE YOU FEELING FOREVER YOUNG!**



United Way supports seniors in DeWitt County

United Way cares about DeWitt County seniors and we invest in programs that seniors love. We fund the DeWitt County Friendship Center, helping with some senior programming there. We also invest in Peace Meal, helping ensure seniors who can't afford the meal service still have access to it and can remain independent in their homes. For more information about United Way's efforts in DeWitt County, you can visit uwdecatur.org.



SHOPPING AND DINING IN ARTHUR

TUESDAY, JULY 21ST

LEAVE AT 1:00 PM

SHOP IN ARTHUR UNTIL 5:00

DINNER IN AN AMISH HOME @ 5:30

COST: \$25.00

SIGN UP STARTS JULY 1ST

Friendship Center Newsletter
June 2020

“Comments from Caitlin”

University of Illinois Extension is promoting a variety of “learn from home” online events during this time of social distancing. For those with internet access, it is easy to attend from your computer or tablet.

Series include:

- **Discover Brain Health**, with topics of brain workouts, the aging brain, and Alzheimer’s Disease. Learn more at go.illinois.edu/discoverbrainhealth
- **Let’s Talk Money**, with topics like debt repayment, credit scores, and savings. Learn more at go.illinois.edu/talkmoney
- **Commercial Agriculture**, with topics like hemp crops and nematodes. Learn more at extension.illinois.edu/commercial-agriculture
- **Everyday Environment**, with topics like woodpeckers, the greenhouse effect, and clouds. Learn more at extension.illinois.edu/everyday-environment-webinar-series
- **Growing Good**, with topics like tree and weed identification, mulching, and Monarch butterflies. Learn more at extension.illinois.edu/digital-webinars-and-training

Have a great month,

Caitlin Mellendorf, MS, RD
Nutrition and Wellness Educator
University of Illinois Extension
Serving DeWitt, Macon, and Piatt Counties
chuth2@illinois.edu | 217-935-5764
go.illinois.edu/dmp

Diane Cusey
Senior Info Services/ CPOE
410 E Main St
Clinton, IL 61727
(217) 935-4560
Diane.cusey@ccsicares.com



- Community Care Systems (CCSI) is located at the DeWitt County Friendship Center and may be reached by calling (217) 935-4560. Outreach events are held the 1st Wednesday 1:30- 4:00 pm, the 3rd Wednesday 8:30- Noon and on the 2nd Monday of every month from 2:00-4:00 at the Sunshine Center in Farmer City and also the 3rd Thursday of every month 11:00 am-12:30 pm at the Weldon Village Hall in Weldon. We will also be out at the Kenney Community Center on the last Wednesday of September, October and November from 8:30-9:30 am during Open Enrollment Period.
- As the Coordinated Point of Entry for DeWitt County, CCSI is happy to provide the following services:
 - Link seniors and disabled adults to local services that are available to meet their needs
 - Nutrition Services
 - Housing Needs
 - Home Care Assistance
 - Transportation
 - Prescription Assistance Plans
 - Caregiver Support Services
 - Conduct home visits and well-being checks to ensure individual is in a safe and appropriate setting
 - Discuss care options for individuals and assist to make an educated decision best suited for their situation
 - SHIP Medicare counseling services to help navigate:
 - New to Medicare
 - Part D Prescription Drug plan
 - Medicare Advantage plan
 - Medicare Savings program
 - Low Income Subsidy “Extra Help” for medications
 - Assistance with Medicare related insurance claim denials
 - Application assistance for SNAP (Food stamps), Medicaid, and Safelink phone (and other application assistance as needed)
 - Evidence-based Healthy Aging programs
 - Diabetes Self- Management
 - Matter of Balance Fall Prevention
 - Benefits Access Application assistance (formerly known as the Circuit Breaker- license plate sticker discount)

Funding for services & programs come from Community Care Systems, Inc., IDOA, ECLAAA and Age Options. Donations are accepted but no one will be denied services based on inability to pay.

Peace Meal Senior Nutrition Program June 2020

1	Swiss Beef Pattie Ranch Potatoes Midori Blend Veggies Whole Grain Wheat Mandarin Oranges	2	Creamed Chicken w/Green Onion & Pimento Italian Green Beans Biscuits Sliced Pineapple	3	Ham Loaf Frosted Sweet Potatoes Seasoned Peas Gelatin w/Fruit Rye Bread Oatmeal Cookie w/Raisins	4	Mostaccioli w/Meat Sauce Romaine Salad w/Dressing Pkt. Mixed Vegetables Dinner Roll Fruit Juice	5	Swedish Meatballs Mashed Potatoes Spinach Whole Grain Wheat Fruit Pie
8	Sausage and Gravy Mini Potato Bakers Warm Fruit Compote Biscuits Fruit Juice	9	Taco Salad w/Meat, Cheese Beans, Lettuce, Tomato Sour Cream & Taco Sauce Sliced Peaches Taco Chips Pudding	10	Pepper Beef over Brown Rice Peas and Carrots Warm Cinnamon Baked Apples Whole Grain Wheat Fresh Fruit	11	Fried Chicken Mashed Potatoes w/Gravy Breaded Tomatoes Dinner Roll Mandarin Oranges	12	Roasted Pork Loin Baked Beans Sicilian Veggie Mix Apricots Whole Grain Wheat Graham Crackers
15	Sloppy Joe Sandwich Brussels Sprouts Scalloped Corn Bun Apple Slices	16	Focaccia Chicken Breast Potato Casserole Seasoned Greens Texas Toast Tropical Fruit	17	Ham and Beans Copper Carrots Cornbread Sliced Peas	18	Meat Loaf Mashed Potatoes w/Gravy Broccoli Whole Grain Wheat Pineapple Tidbits	19	Chicken Salad Tortellini Vegetable Soup Creamy Cole Slaw Assorted Crackers Fruit Salad
22	Chicken and Noodles Mashed Potatoes Green and Wax Beans w/Bacon & Onion Whole Grain Wheat Fresh Grapes	23	Saucy Cabbage Rolls Corn Dinner Roll Hawaiian Salad	24	Shepherd's Pie Harvard Beets Dinner Roll Pears	25	Beef Pattie w/Mushroom Gravy Mashed Potatoes Carrots Dinner Roll Cinnamon Chunky Applesauce	26	CHEF'S CHOICE REGIONAL FAVORITES WILL BE SERVED
29	Swiss Beef Pattie Ranch Potatoes Midori Blend Veggies Whole Grain Wheat Mandarin Oranges	30	Creamed Chicken w/Green Onion & Pimento Italian Green Beans Biscuits Sliced Pineapple						

For Reservations Call 1-800-543-1770

Skim milk and desserts with no sugar added are available in many locations.

Ask the Site Supervisor for information.

Sometimes we need to substitute on our menus. We still guarantee a nutritious meal.

The Peace Meal Senior Nutrition Program suggests a donation of \$3.50 for each congregant and home delivered meal. No older person shall be denied a meal because of their inability to contribute towards the cost of the meal.

We accept the Illinois Link Card.

